The class
You can find this class and all our other English classes on our Facebook page.

Language quiz
Correct or incorrect? Look at the New Year’s resolutions below and decide if they are correct or incorrect. If they’re incorrect, correct them.

Example
I intend walk to work every day this year.

Answer
I intend to walk to work every day this year.

1. I plan to cut down caffeine this year.
2. I’m going to spend less time on my phone.
3. I’m going to take up swim this year.
4. I might to join a gym.
5. I intend to spending more time with my family.
6. I’m going to stick to my resolutions this year.

Well done! Now you can check your answers at the bottom of the next page.
Correct.
Writing practice

Write five New Year’s resolutions using ‘be + going to’, ‘plan to’, ‘intend to’ and ‘might’ - and use as many phrasal verbs from the list below as you can:

Stick to
Cut down on
Cut out
Give up
Take up

Example
I’m planning to cut down on sweet treats and chocolate this year.

Answers to exercise on page 1

1. Incorrect: I plan to cut down on caffeine this year.
2. Correct: I’m going to spend less time on my phone.
3. Incorrect: I’m going to take up swimming this year.
4. Incorrect: I might join a gym.
5. Incorrect: I intend to spend more time with my family.
6. Correct: I’m going to stick to my resolutions this year.