The class
You can find this class and all our other English classes on our Facebook channel.

Language quiz
Now let’s practise what you learned in the live lesson! Fill in the gaps with for or since.

Here’s an example:

*I’ve played football ____ 2004.*

**Answer**

*I’ve played football since 2004.*

1. I’ve had a headache ____ yesterday!
2. It’s been raining ____ a few hours now.
3. I’ve known Alex ____ we were three years old.
4. She’s been learning Spanish ____ ages.
5. We worked together ____ many years.
6. I’ve been going to the gym every week ____ Christmas.

Well done! Now you can check your answers at the bottom of the next page.
Speaking and writing practice

Now it’s time to practise writing and speaking with a friend. Choose a person and a place that you know well. Write 4 sentences about them using for and since:

**Example**

I’ve known Maria since 2004.
We went to school together for 5 years.

I’ve lived in London for a long time.
I’ve been in my current house since June last year.

Now share your sentences with a friend! Tell a friend about the person and place you wrote about and ask them about a person and place they know well.

TIP: To make it more exciting, write 1 lie and see if your friend can guess which sentence is not true!

Remember to pay attention to the verb forms you use in sentences and try to use How long… when you ask a question!

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Answers to exercise on page 1

1. I’ve had a headache **since** yesterday!
2. It’s been raining **for** a few hours now.
3. I’ve known Alex **since** we were three years old.
4. She’s been learning Spanish **for** ages.
5. We worked together **for** many years.
6. I’ve been going to the gym every week **since** Christmas.