Now let’s practise what you learned in the lesson!

**Exercise 1**

*Rewrite each sentence in the present perfect continuous, using the verb in brackets. Remember you can watch the lesson again if you need a reminder of the rules!*

Example: I (watch) TV all day = *I’ve been watching TV all day.*

1) She (shout) at the neighbour’s dog.
2) He (send) emails for weeks.
3) I (keep) up with the news.
4) They (go) to ballet classes since they were six.
5) We (look after) the kids all weekend.
6) It (snow) since yesterday.
7) My mum (worry) about him all day.

*Well done! Now you can check your answers at the bottom of the next page*
Exercise 2: Writing and Speaking Practice

Invent and write a present result for each present perfect sentence. Compare your sentences with a friend. Did you think of similar results?

Example sentence: He's been drinking coffee all day. Now he can't sleep.

1. You’ve been dancing all night.
2. I’ve been shopping all morning.
3. She’s been climbing mountains since she was 10.
4. The dog’s been eating chocolate from my handbag.
5. The teacher has been marking homework since last night.

Answers to Exercise 1

1) He’s been shouting at the neighbour’s dog.
2) He’s been sending e-mails for weeks.
3) I’ve been keeping up with the news.
4) They’ve been going to ballet classes since they were six.
5) We’ve been looking after the kids all weekend.
6) It’s been snowing all night.
7) My mum has been worrying about him all day.