The story

Music makes you better at maths.

That's according to a new study which found that maths test scores increased after musical activity.

This includes singing, playing instruments, composing or just listening.

Researchers say music makes maths more enjoyable and reduces fear and anxiety.

Key words and phrases

taking up
starting a new activity

- If Simon plans to run a 5k next month, he needs to take up running today!
- I've recently taken up piano lessons again. I haven't played since I was a child!

the equation
a complex situation

- Dealing with businesses and climate change is a complex equation for governments.
- Both money and quality are part of the equation when looking for a new house.

do better
improve performance

- Your son would do better in school if he stopped chatting all the time.
- My team just lost but I'm hopeful they'll do better in the next match.