The story

The junk food you love might soon have 'addictive' written on it.

A major review has found that adding warning labels to ultra-processed food could stop people buying it.

Researchers say these foods can have the same addiction symptoms as drugs.

They estimate one in seven adults and one in eight children are already addicted to ultra-processed foods.

Key words and phrases

tackle

deal with

- Police are patrolling the streets to help tackle crime.
- Campaigners say we should eat less meat and dairy to try to tackle climate change.

labelled

described in a specific way

- Neil was labelled the class clown at school. His teachers thought he was cheeky.
- The captain has been labelled the worst player in the sport's history.

slapping

attaching urgently

- I slapped my money onto the café counter when I wanted to leave quickly.
- The boy slapped his homework down in anger and left the classroom.