### How to listen

**DAB digital radio**  
The BBC’s digital radio offer in the UK includes BBC World Service 24 hours a day. A digital radio is necessary.

**Analogue radio**  
BBC World Service can be heard overnight from 1:00am to 5:00am on the BBC Radio 4 frequencies 92-95 FM and 198 kHz long wave.

**Listening via your TV set**  
**Freesview**  
If you view BBC digital television channels via Freesview, you can hear BBC World Service radio using the same equipment (Channel 710).

### Digital satellite
BBC World Service English radio is available on the following satellite platforms:  
**Astra 2E** at 28.2 E, Transponder 46, Vertical Polarisation, 10788MHz, FEC 5/6, Service ID 10385  
**Freesat** Channel 711, special satellite receiver required  
**Sky** Channel 0115, Subscription and special satellite receiver required

### Digital cable
Subscribers who receive television from Virgin Media will also be able to hear BBC World Service radio on channel 906. Contact your local operator for information on digital cable in your area.

### BBC World Service Audience Information
Email: worldservice.letters@bbc.co.uk  
Website: bbcworldservice.com  
Write to: BBC World Service, Audience Relations Team, 1st Floor Brock House, 19 Langham Street, London W1A 1AA.

### BBC World Service English radio is available on the following digital radio stations:
- **BBC World Service English**  
- **BBC World Service English 24/7**
- **BBC World Service English (rpt)**
- **BBC World Service English (rpt) (Sat)**

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