

Where you see this sign ❖ you will hear a short **News Update** at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	News	News	News	News	News	News	News	0:00
0:06	Business Matters ❖	The World This Week ❖	World Business Report ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	0:06
0:32		In the Balance/Global Business ❖	Science in Action (rpt)					0:32
1:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	1:00
1:32	The Cultural Frontline	The Story	Health Check (rpt)	The Why Factor	The Documentary (Tue)	The Documentary (Wed)	Assignment	1:32
1:50		Over To You		More or Less				1:50
2:00	News	News	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	2:00
2:06	The Fifth Floor	Weekend Documentary ❖ (B)						2:06
3:00	News	News	News	News	News	News	News	3:00
3:06	The Real Story (rpt) ❖	FOOC ❖	The Forum ❖	Outlook ❖	Outlook ❖	Outlook ❖	Outlook ❖	3:06
3:32		Boston Calling						3:32
3:50			Sporting Witness					3:50
4:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	4:00
4:32	Stumped	Assignment (rpt)	The Conversation	In the Studio	The Compass	The Food Chain	World Football	4:32
5:00	Weekend ❖	Weekend ❖	News	News	News	News	News	5:00
5:06			HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	5:06
5:32			CrowdScience	Discovery	Click	Health Check	Science in Action	5:32
6:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	6:00
7:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	7:00
7:32	In the Balance/Global Business	The Food Chain (rpt)	Business Daily Witness	Business Daily Witness	Business Daily Witness	Business Daily Witness	Business Daily Witness	7:32
7:50								7:50
8:00	News	News	News	News	News	News	News	8:00
8:06	Top of the Pops ❖	FOOC ❖	The Inquiry ❖	The Arts Hour ❖	Weekend Documentary/Book Club ❖	The Forum ❖	The Real Story ❖	8:06
8:32		Heart & Soul (rpt)	Boston Calling					8:32
8:50						Sporting Witness		8:50
9:00	News	News	World Update ❖	World Update ❖	World Update ❖	World Update ❖	World Update ❖	9:00
9:06	Sportshour ❖ (S)	The Compass (rpt) ❖						9:06
9:32		Outlook Weekend						9:32
10:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	10:00
10:32	Trending	The Cultural Frontline	The Conversation	In the Studio	The Documentary (Wed)	The Food Chain	World Football	10:32
10:50	Over To You							10:50
11:00	News	News	News	News	News	News	News	11:00
11:06	BBC Music at the WS ❖	People Fixing the World (rpt) ❖ (D)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	The Fifth Floor ❖ (W)	11:06
11:32		Science in Action (rpt) (D)						11:32
12:00	Newshour ❖	Newshour ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	12:00
12:32			The Why Factor	The Documentary (Tue)	The Compass	Assignment	Heart & Soul	12:32
12:50			More or Less					12:50
13:00	News	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	13:00
13:06	Sportsworld	Weekend Documentary ❖ (D)						13:06
14:00	News	News	News	News	News	News	News	14:00
14:06	Sportsworld	The History Hour ❖	HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	14:06
14:32			World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	14:32
15:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	News	15:00
15:06	Sportsworld	Sportsworld					Tech Tent ❖	15:06
15:32							Worklife India	15:32
16:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	16:00
16:06	Sportsworld	Sportsworld						16:06
17:00	The Newsroom ❖	News	News	News	News	News	News	17:00
17:06		Sportsworld	HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	17:06
17:32	The Cultural Frontline		CrowdScience	Discovery	Click	Health Check	Science in Action	17:32
18:00	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	18:00
18:06	The History Hour ❖ (D)							18:06
18:32		In The Balance/Global Business	Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	18:32
19:00	News	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	19:00
19:06	The Arts Hour ❖	BBC Music at the WS ❖						19:06
20:00	Newshour ❖	Newshour ❖	News	News	News	News	News	20:00
20:06			Outlook ❖	Outlook ❖	Outlook ❖	Outlook ❖	The Fifth Floor ❖	20:06
21:00	News	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	21:00
21:06	FOOC ❖	The Cultural Frontline ❖	The Why Factor ❖	The Documentary (Tue) ❖	The Compass ❖	Assignment ❖	Trending ❖	21:06
21:32	Boston Calling	The Story	The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	World Football	21:32
21:50		50 More Things...						21:50
22:00	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	22:00
22:20	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	22:20
22:32	Outlook Weekend	Heart & Soul (rpt)	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	22:32
23:00	News	News	News	News	News	News	News	23:00
23:06	HARDtalk (rpt) ❖	People Fixing the World (rpt) ❖	The History Hour ❖	The Arts Hour ❖	Weekend Documentary/Book Club ❖	The Forum ❖	The Real Story ❖	23:06
23:32	CrowdScience (rpt)	Discovery (rpt)						23:32
23:50						Sporting Witness		23:50

(B) This slot will be home to occasional documentaries and once a month you will hear **World Book Club** and once a month **Global Beats**
(D) At times, **Debates** and other ad hoc programmes will be broadcast here
(W) This slot includes a 10-minute broadcast of **Witness**
(S) This slot includes a 10-minute broadcast of **Sporting Witness**
FOOC = From Our Own Correspondent

HOW TO LISTEN

BBC on FM

Bangladesh: Dhaka 100 MHz (Bangla and English); Cox's Bazar 100.8 MHz (Bangla and English); Chittagong 88.8 MHz; Sylhet: 88.8 MHz; Khulna 88.8 MHz; Rangpur 88.8 MHz; Rajshahi 88.8 MHz; Comilla 103.6 MHz; Barisal 105.2 MHz and Thakurgaon 92 MHz (all Bangla and English from 1st April 2018)

India (English): All India Radio every Saturday 1130 on FM Rainbow Network; Community Radio Stations: Vivek 90.4 FM in Chandigarh; Salaam Namaste 90.4 FM in Noida; Radio JU 90.8 Mhz in Kolkata; Pasumai 90.4 FM in Dindigul; Puduva Vaani 107.8 FM in Puducherry; Radio Benziger 107.8 in Kollam, Kerala; Radio Namaskar 90.4 FM in Konark (Odisha); Amity University (107.8 Mhz) in Noida; Radio Manipal 90.4 Mhz in Manipal; Radio VIT 90.8 Mhz in Vellore.

India (Hindi): 94.3 Tomato FM in Kolhapur and Sangli; 94.3 FM Radio Misty in Siliguri; Radio Misty Sikkim 95 FM in Gangtok; Radio Chaska 95 FM in Gwalior; 95 FM Tadka in Jaipur, Raipur, Kota, Udaipur. (Also available via East FM in Nairobi 106.3 FM and Mombasa 89.5 FM, Radio Tarana 1386 AM Auckland.)
BBC Hindi can be heard daily in south-west India on

shortwave from 00:59:30-01:29:30 on 9835 kHz (meterband 31), 9915 kHz (31), 11995 kHz (25), 15510 kHz (19); from 02:29:30-02:59:30 on 11995 kHz (25), 13580 kHz (22), 15510 kHz (19), 17870 kHz (16); from 13:59:30-14:29:30 on 7565 kHz (41), 9460 kHz (31), 9510 kHz (31), 11795 kHz (25); from 15:59:30-16:29:30 on 7485 kHz (41), 9490 kHz (31), 9605 kHz (31), 11675 kHz (25).

BBC Hindi can be heard daily on medium wave from 00:59:30-01:29:30, 13:59:30-14:29:30 and 15:59:30-16:29:30 on 1413 kHz.

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Maldives: Male, Capital Radio 95.6 FM.
Nepal: Radio Thaha Sanchar 99.4 Mhz, Kathmandu; Madhes Jan Aawaj 98.6 Mhz, Rautahat (Hindi and Urdu); BFM 91.2 Mhz Biratnagar; Butwal FM 94.4 Mhz, Butwal; Radio Malmala 88.6 Mhz, Murgiya; CJMC FM 106 Mhz, Kathmandu; Radio Masti 87.9 Mhz, Sanga; Radio Kailali 103.7 Mhz, Kailali; Aarambha FM 104 Mhz, Jhapa; Mechi Tune 96.8 Mhz, Jhapa; Indreni FM 92.4 Mhz, Dang; Radio Barahi 99.2 Mhz, Pokhara; Hamro FM 94 Mhz, Bharatpur; Sarathi FM 107.4 Mhz, Baglung; Radio Thaha Sanchar 99.6 Mhz, Hetauda; Radio Rastriya 89.8 Mhz, Kanchanpur; Choice FM 90.4 Mhz, Gorkha; Godavari FM 87.9 Mhz, Kailali; C

FM 94.7 Mhz, Saptari; UK FM 106.8 Mhz, Udayapur; Radio Rudraksha 98.8 Mhz, Mahottari; Radio Aakash Ganga 88.5 Mhz, Hetauda (Hindi; Nepali through ACORAB); Radio Ninglshaini 94 Mhz, Baitadi; Radio Matribhumi 98.2 Mhz, Gorkha; Aagan FM 89.6 Mhz, Jhapa; Radio Namaste 92.8 Mhz, Butwal; Radio Indreni 97.6 Mhz, Dang; Guransh FM 107.5 Mhz, Khandbari; Kathmandu 103 FM, Khumaltar (all in Nepali).
English and Nepali (24 hours): Gadhimi FM 91.4 Mhz; Radio Mithila 100.8 Mhz; Radio Birgunj 99 Mhz; Kalika FM 91 Mhz; Hetauda FM 96.6 Mhz; Sanskar FM 99 Mhz; Synergy FM 91.6 Mhz; Janakpur FM 101.8 Mhz; Radio Today 91 Mhz; Youth FM 96.8 Mhz; Saptakoshi FM 90 Mhz; Pathibhara FM 93.6 Mhz; Saptarangi FM 101.6 Mhz; Popular FM 99.5 Mhz; Amurta FM 91.6 Mhz; Eagle FM 99.2 Mhz; Dinesh FM 93.8 Mhz; Phoolbari FM 93.2 Mhz; Radio Bageshwori 94.6 Mhz; Dhaulagiri FM 98.6 Mhz; Radio Annapurna 93.4 Mhz; Tinau FM 98.2 Mhz; Radio Resunga 106.2 Mhz; Saypatri FM 91.6 Mhz; Hamro Malika FM 107 Mhz (all members of ACORAB).

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BBC Hindi on TV
BBC Dunia on India News: Monday to Friday from 1800-1824 IST on ETV Rajasthan, ETV

BBC Tamil on TV
BBC Tamil on Thanthi TV: Monday to Friday from 1930 to 1940 IST.

BBC Telugu on TV
BBC Prapancham on ETV Telangana and ETV Andhra Pradesh: Monday to Friday from 2230 to 2258 IST.

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