

Where you see this sign ❖ you will hear a short **News Update** at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	News	News	News	News	News	News	News	0:00
0:06	Business Matters ❖	The World This Week ❖	World Business Report ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	0:06
0:32		In the Balance/Global Business ❖	Science in Action (rpt)					0:32
1:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	1:00
1:32	The Cultural Frontline	The Story	Health Check (rpt)	The Why Factor	The Documentary (Tue)	The Documentary (Wed)	Assignment	1:32
1:50		Over To You		More or Less				1:50
2:00	News	News	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	2:00
2:06	The Fifth Floor ❖	Weekend Documentary ❖ (B)						2:06
3:00	News	News	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	3:00
3:06	The Real Story (rpt) ❖	FOOC ❖						3:06
3:32		Boston Calling						3:32
4:00	The Newsroom ❖	The Newsroom ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	4:00
4:32	Stumped	Assignment (rpt)						4:32
5:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	5:00
6:00	Weekend ❖	Weekend ❖	News	News	News	News	News	6:00
6:06			HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	6:06
6:32			CrowdScience	Discovery	Click	Health Check	Science in Action	6:32
7:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	7:00
7:32	World Football	The Food Chain (rpt)	Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	7:32
7:50			Witness	Witness	Witness	Witness	Witness	7:50
8:00	News	News	News	News	News	News	News	8:00
8:06	The World This Week ❖	FOOC ❖	The Why Factor	The Arts Hour ❖	Weekend Documentary ❖ (B)	The Forum ❖	The Real Story ❖	8:06
8:32	The Documentary (Tue/rpt)	Heart & Soul (rpt)	Boston Calling					8:32
8:50						Sporting Witness		8:50
9:00	News	News	World Update ❖	World Update ❖	World Update ❖	World Update ❖	World Update ❖	9:00
9:06	Sportshour ❖ (S)	The Compass (rpt) ❖						9:06
9:32		Outlook Weekend						9:32
10:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	10:00
10:32	Trending	The Cultural Frontline	The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	World Football	10:32
10:50	Over To You							10:50
11:00	News	News	News	News	News	News	News	11:00
11:06	Top of the Pops ❖	People Fixing the World ❖ (D)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	The Fifth Floor ❖ (W)	11:06
11:32		Science in Action (rpt) (D)						11:32
12:00	News	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	12:00
12:32	News	News	The Why Factor	The Documentary (Tue)	The Compass	Assignment	Heart & Soul	12:32
12:50			More or Less					12:50
13:00	News	News	News	News	News	News	News	13:00
13:06	Sportsworld	Weekend Documentary ❖ (D)						13:06
14:00	News	News	News	News	News	News	News	14:00
14:06	Sportsworld	The Forum ❖	HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	Tech Tent ❖	14:06
14:32			World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	14:32
14:50		50 More Things...						14:50
15:00	News	News	News	News	News	News	News	15:00
15:06	Sportsworld	Sportsworld	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	15:06
15:32			BBC OS	BBC OS	BBC OS	BBC OS	BBC OS	15:32
16:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	16:00
16:06	Sportsworld	Sportsworld						16:06
17:00	The Newsroom ❖	News	News	News	News	News	News	17:00
17:06		Sportsworld	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	17:06
17:32	In the Studio (rpt)							17:32
18:00	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	18:00
18:06	The History Hour ❖ (D)							18:06
18:32		In The Balance/Global Business	Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	18:32
19:00	News	News	News	News	News	News	News	19:00
19:06	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	19:06
19:32	The Cultural Frontline ❖	Heart & Soul (rpt)	Discovery	Click	Healthcheck	Science in Action	CrowdScience	19:32
20:00	News	News	News	News	News	News	News	20:00
21:00	News	News	News	News	News	News	News	21:00
21:06	FOOC ❖	BBC Music at the WS ❖	The Why Factor ❖	The Documentary (Tue) ❖	The Compass ❖	Assignment ❖	Trending ❖	21:06
21:32	Boston Calling		The Conversation	In the Studio	The Documentary (Wed)	The Food Chain	World Football	21:32
22:00	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	22:00
22:06	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	22:06
22:32	Outlook Weekend	The Story	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	22:32
22:50		50 More Things...						22:50
23:00	News	News	News	News	News	News	News	23:00
23:06	HARDtalk (rpt) ❖	People Fixing the World ❖	The History Hour ❖	The Arts Hour ❖	Weekend Documentary/ The Book Club ❖	The Forum ❖	The Real Story ❖	23:06
23:32	CrowdScience (rpt)	Discovery (rpt)						23:32
23:50						Sporting Witness		23:50

(B) This slot will be home to occasional documentaries and once a month you will hear **World Book Club**
(D) At times, **Debates** and other ad hoc programmes will be broadcast here
(W) This slot includes a 10-minute broadcast of **Witness**
(S) This slot includes a 10-minute broadcast of **Sporting Witness**
FOOC = From Our Own Correspondent

HOW TO LISTEN

BBC on FM relays

Burundi Bujumbura 90.2 FM, Mount Manga 105.6 FM.
Ethiopia Addis Ababa Radio, EBC 104.7
Mauritius Port Louis, Port Louis Relay 1575 kHz MW;
Madagascar Antananarivo, Radio Nationale Malagasy 89.2 FM; Fianarantsoa, Fianarantsoa Relay 89.9 FM; Toamasina, Toamasina Relay 89.8 FM
Malawi Blantyre, Capital FM Malawi 102.5 FM, Blantyre Relay 98.7 FM; Lilongwe, Lilongwe Relay 98.0 FM, Mzuzu, Mzuzu Relay 87.9 FM
Kenya Nairobi, Nairobi Relay 93.9 FM; Mombasa, Mombasa Relay 93.9 FM; Kisumu, Kisumu Relay 88.1 FM
Malawi Blantyre, Blantyre Relay 98.7 FM; Lilongwe, Lilongwe Relay 98.0 FM; Mzuzu, Mzuzu Relay 87.9 FM
Mozambique Beira 88.5 FM, Nampula 88.3 FM, Quelimane 95.3 FM, Xai-Xai 100.9 FM, Maputo 95.5 FM, Tete 87.8 FM, Chimio 99 FM.
Rwanda Kigali 93.9 FM, Kibuye 93.3 FM, Butare 106.1 FM
Seychelles St Louis, St Louis Relay 106.2 FM; Victoria, Mahe Relay 105.2 FM, Pointe Au Sel, Pointe Au Sel Fairyland Relay 105.6 FM
Somalia Baidoa, Baidoa Relay 90.8 FM; Beledweyne, Beledweyne Relay 88.4 FM; Borama, Borama Relay 89.0 FM; Bosaso, Bosaso Relay 88.2 FM; Burao, Burao Relay 88.8 FM; Galkaacyo, Galkaacyo Relay 96.6 FM; Jowhar, Jowhar Relay 89.7 FM; Kismaayo, Kismaayo Relay 90.5 FM; Marka,

Marka Relay 95.1 FM; Mogadishu, Mogadishu Relay 91.9 FM; Hargeisa, Hargeisa Relay 89.0 FM
South Sudan Juba, Juba Relay (Arabic) 90.0 FM, (English) 88.2 FM; Malakal, Malakal Relay 90.0 FM; Wau, Wau Relay 90.0 MHz
Tanzania Zanzibar, Zanzibar Relay 94.1 FM; Pemba, Pemba Relay 93.5 FM
Uganda Arua, Arua Relay 99.4 FM; Kampala, Kampala Relay 101.3 FM; Mbale, Mbale Relay 107.3 FM; Mbarara, Mbarara Relay 107.3 FM
Zambia Kitwe, Kitwe Relay 102.8 FM; Lusaka, Lusaka Relay 98.0 FM

Local stations rebroadcasting BBC World Service English with other languages:

Angola Luanda, Radio Nacional Angola 93.5 FM, Radio Mais 99.0 FM
Botswana Gaborone, Yarona 106.6 FM
Burundi Bururi, Gitega, Karusi, Kayanza, Muramvya, Mwaro (all Radio Humuriza) 99.6 FM; Bujumbura 89.7 MHz, Manga 101 MHz, Inanzerwe/Bururi 95.1 MHz, Mutumba/Kirundo 90.6 MHz, Birime 89.3 MHz (all Radio Isanganiro)
Kenya Voi, Mwanedum FM 96.1; Nairobi – Hot 96, Pamoja 99.9 FM, Star FM Network 105.9 FM, KBC 95.6 FM, East FM 106.3 FM, KU FM 99.9 FM, Homeboyz Radio 103.5 FM, XFM 105.9 FM; Kwale, Radio Kaya 93.1 FM; Luanda, Radio Sahara 94.3 FM; Kakamega MUST FM 103.9; Wajir, Radio Wajir; Garissa, Risala FM 96.7 FM.
Malawi Blantyre, Capital FM Malawi 102.5 FM.
Mozambique Radio Cidade 100.1 FM, Savannah FM
Namibia Windhoek (NBC) 91.7 FM, (Radio Kudu) 103.5 FM, Gobabis (Radio Kudu) 95.6 FM, Grootfontein (Radio Kudu) 95.5 FM, Henties Bay

(Radio Kudu) 94.3 FM, Keetmanshoop (Radio Kudu) 95.6 FM, Klein Windhoek (Radio Kudu) 100.9 FM, Luderitz (Radio Kudu) 94.7 FM, Otiwarongo (Radio Kudu) 92.3 FM, Okahandja (Radio Kudu) 103.5 FM, Ondangwa (Radio Kudu) 95.5 FM, Oshkati (Radio Kudu) 95.5 FM, Rehoboth (Radio Kudu) 103.5 FM, Swakopmund (Radio Kudu) 94.3 FM, Walvis Bay (Radio Kudu) 93.3 FM.
Somalia Bosaso 89.0 FM; Garissa, Star 97.1 FM; Mogadishu – Radio Shabelle 6.7–7.1 MHz, SBC Radio 89.0 FM, Mustaqbal Radio 89.7 Mhz; Puntland, Radio Daljir 88.0 FM
South Africa Cape Town (Bush Radio) 89.5 FM, Kranskop (Radio Khwezi) 90.5 FM, Durban (Good News Community Radio) 98 FM, (Hindvani) 91.5 FM, Gauteng (Thetha FM) 100.6 FM, nationwide (SABC), Johannesburg (Radio Today) 1485 AM.
South Sudan Juba City FM 88.4 FM
Tanzania Arusha, Radio 5 105.7 FM, Loliondo FM Radio 107.7 FM; Dar Es Salaam – Radio One 89.7 FM, EFM 93.7 FM, Classic 103.3 FM; Mbeya, Bomba FM; Morogoro, Abood FM 89.7 FM; Mwanza, Radio Free Africa 89.8 FM, Kiss FM 88.5 MHz; Ngara, Radio Kwizera 97.9 FM; Tabora, CG FM 89.5 FM; Zanzibar, Zenji FM 96.8 FM
Uganda Gulu, Mega FM 102.0 FM, Radio King 90.2 FM; Hoima, Liberty FM 89.0 FM; Jinja, Voice of Busoga 89.8 FM, Voice of Karamoja 92.7 FM, Victoria FM 92.5 FM; Kabale, Voice of Kigezi 898.5 FM; Kampala, Radio West 100.2, Radio Rupiny 95.7 FM, Etop 99.4 FM, Radio One 90 FM, XFM - Uganda 94.8 FM, All Karamoja FM 94.7 FM, Radio Lira 95.3 FM; Radio Paidha 87.80 FM; Kisoro, Kisoro FM 91.1 FM; Lyantonde, Link FM 107 FM; Masindi, Radio Kitara

96.9 FM; Moroto, Neneh FM 104.7 FM; Port Fortal, Voice of Toro 101.0 FM; Soroti, Voice of Teso 88.4 FM; Tororo, Rock Mambo 106.8 FM; West Nile, Nile FM 94.1 FM
Zambia Rhodes Park, QFM 89.1 FM; Lusaka, ZNBC Radio 2 95.8 FM

BBC on satellite

BBC radio programmes are available in various languages on DSTV audio channels 150-152, and via Intelsat 10-02 at 1° West.

BBC news online

BBC news is updated constantly at: bbc.com/news
English radio programmes can be heard at: bbcworldservice.com
For schedule and frequency information click 'How To Listen'.

For news in **Arabic, French, Swahili, Somali** and **Kinyarwanda/Kirundi** visit: bbc.com/news
bbc.com/news
bbc.com/news

Television audiences can find information about BBC World News, the BBC's international news channel, at bbcworldnews.com
DIRA ya Dunia (in Swahili) is available on QTV, Kenya, and Star TV, Tanzania