### GMT Schedule

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<th>GMT</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>00:06</td>
<td>2FOC</td>
<td>The Cultural Fringe</td>
<td>The Arts Hour</td>
<td>The Forum</td>
<td>Weekend Documentary</td>
<td>The Book Club</td>
<td>The Thought Show</td>
<td>NewsHour Extra</td>
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<td>02:28</td>
<td>2FOC</td>
<td>Heart &amp; Soul</td>
<td>Discovery (r)</td>
<td>Health Check (r)</td>
<td>The Why Factor</td>
<td>The Documentary (T)</td>
<td>The Documentary (W)</td>
<td>Assignment</td>
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<td>08:52</td>
<td>2FOC</td>
<td>Heart &amp; Soul</td>
<td>Discovery (r)</td>
<td>Health Check (r)</td>
<td>The Why Factor</td>
<td>The Documentary (T)</td>
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<tr>
<td>14:16</td>
<td>2FOC</td>
<td>The Arts Hour</td>
<td>HARDtalk</td>
<td>Nightly</td>
<td>The Newsroom</td>
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### How to Listen

**In Australia**

ABC NewsRadio (Australian Broadcasting Corporation): ABC NewsRadio service broadcasts a number of BBC programs daily and relays BBC World Service World Radio, and many BBC programs. For schedules and frequencies, please see local listings in the evenings.

**In New Zealand**

BBC World Service is transmitted by ART (Auckland Radio Trust) 24/7 between 7am – 9am and 10am – 11am. For schedules and frequencies, please visit: [www.radionz.co.nz](http://www.radionz.co.nz).

**In the Pacific Islands**

BBC World Service is transmitted by ART (Auckland Radio Trust) 24/7 between 7am – 9am and 10am – 11am. For schedules and frequencies, please visit: [www.radionz.co.nz](http://www.radionz.co.nz).

**Summary**

- **All Australian Islands**: Radio New Zealand National, Radio New Zealand, Radio New Zealand International
- **Solomon Islands**: Radio Happy Isles 1055 AM
- **Tuvalu**: Funafuti Radio Tuvalu 101 FM, 2235 AM
- **Papua New Guinea**: Mount Hagen 98.1 FM, Pago Pago

**Technical Information**

- **Contact**: Michelle Rowland, BBC World Service Australia, Telephone: +61 (0)419 246 448
- **Email**: michelle.rowland@bbcworldservice.com
- **Website**: [bbcworldservice.com](http://bbcworldservice.com)