### AMERICAS GMT - 3 TO GMT - 10
including Caribbean (GMT -4 to -5), South and Central America (GMT -2 to -7) and North and Central America via XM (GMT -4 to -8)

#### A GUIDE TO LISTENING IN ENGLISH

**OCTOBER 2019 – MARCH 2020**

A selection of local stations that take BBC World Service programmes in English. The stations may take individual programmes or blocks of programmes. For full schedule and frequency information visit bbcworldservice.com and click on ‘How to listen’.

- **Atlanta**: WHABE 90.1 FM
- **Boston**: WBUR 90.9 FM, WGBH 89.7 FM
- **Charlotte**: WFAE 90.7 FM
- **Chicago**: WBEZ 91.5 FM
- **Cincinnati**: WVXU 91.1 FM
- **Dallas**: KERA 90.1 FM
- **Denver/Boulder**: KGNU 88.5 FM/1390 AM; KCUR 90.1/KUVO 89.3 FM
- **Detroit/Ann Arbor**: WJR 90.1 FM; KUHF 88.7 FM; KGNU 88.5 FM; WEMU 89.1 FM
- **Kovil): KPFT 90.1 FM; KUHF 88.7 FM
- **Las Vegas**: KNPR 89.3 FM
- **Los Angeles**: KPCC 89.3 FM
- **Miami**: WLRN 91.3 FM/WDNA 88.9 FM
- **Minneapolis/St Paul**: KNOW 91.1 FM

**New York City**: WNYC 820 AM, 93.9 FM, WNYE 91.5 FM
- **Orlando**: WMMF 90.7 FM
- **Philadelphia**: WHYY 90.9 FM
- **Phoenix**: KJZZ 91.5 FM
- **Pittsburgh**: WESA 90.5 FM
- **Portland**: KQED 88.5 FM
- **Riverside-San Bernardino, CA**: KCVR 91.9 FM
- **Sacramento**: KJZZ 91.9 FM
- **Salt Lake City**: KCPW 88.3 FM/105 AM
- **San Antonio**: KSUT 89.1 FM
- **San Diego**: KPBS 89.5 FM/97.9 FM
- **San Francisco**: KALW 91.7 FM, KQED 88.5 FM
- **Seattle**: KUOW 94.1 FM
- **Tampa**: WMFY 88.5 FM
- **Washington**: WAMU 88.5 FM, WYPR 88.9 FM
- **Winnipeg**: CHUM-FM 91.9 FM, CKYK 88.7 FM
- **Calgary**: CJSR 88.5 FM; CKAL 89.1 FM
- **Edmonton**: CHUM-FM 91.9 FM
- **Ottawa**: KMFK 88.5 FM
- **Toronto**: CFRB 640 AM, CFRN 97.9 FM
- **Montreal**: CFCF 93.1 FM, CHUM-FM 91.9 FM

**CBC Radio One throughout the country:**
- **Calgary**: 1010 AM; Edmonton 740 AM; Vancouver 690 AM, Winnipeg 990 AM
- **Ottawa**: 91.5 FM; Toronto 99.1 FM
- **Montreal**: 88.5 FM; Moncton 106.1 FM

The following Canadian stations also broadcast some BBC programme and features:
- **Calgary**: CJSW 90.9 FM
- **Edmonton**: CJSR 88.5 FM
- **Toronto**: CJR 93.5 FM

**BBC World Service in English on FM Central America**
- **Panama City** (plus seven other cities in Panama): Ultra Stereo 98.9 FM

BBC on satellite
- In mainland USA and Canada, BBC World Service is available on Sirius XM satellite radio networks (subscription service). For more information, visit siriusxm.com.

**Caribbean**
- **BBC World Service**: In English can also be heard 24 hours a day in Jamaica – Kingston 104.3 FM; Mandeville and Oracabessa 104.7 FM; Montego Bay 104.5 FM; Negril 104.1 FM – in Antigua on 89.1 FM, on Barbados on 92.1 FM and in Trinidad and Tobago on 98.7 FM.

A number of local stations across the Caribbean region also carry BBC World Service in English. Please note that there are no BBC short-wave transmissions in English to this region.

**BBC news online**
- BBC news is updated constantly at bbc.com/news. English radio programmes can be heard at bbcworldservice.com. For schedule and frequency information click ‘How To Listen’.

**For news in Spanish and Portuguese, visit:**
- **BBC Mundo**: www.bbc.com/mundo
- **BBC Brazil**: www.bbc.com/portuguese

**Television audiences can find information about BBC World News, the BBC’s international news channel, at bwcv.com/..."