**How to Listen to English Programs**

**BBC on FM**
Relays predominantly in English (with French)
- Benin Conottonav 101.7 FM, Cameroon Bamenda 95.7 FM, Douala 101.5 FM, Garoua 94.4 FM.
- Togo 98.4 FM, Central African Republic Bango 90.2 FM, Chad NDjamena 90.6 FM, DR Congo Bukavu 102.2 FM, Goma 93.8 FM, Kinshasa 92.6 FM, Lubumbashi 92 FM, Kasaï 95.7 FM, Goma 100.5 FM.
- Equatorial Guinea Malabo 92.5 FM, Gabon Libreville 94.0 FM, Ghana Accra 103.1 FM, Western Region 104.7 FM, Guineen Conacry 93.9 FM, Labe 93.9 FM, Conady Radio Natealge 93.9 FM, and Radio Libre 97.7 FM.
- Ivory Coast Abidjan 94.3 FM, Bouake 93.9 FM, Yamoussoukro 97.7 FM, San Pedro 100.1 FM, Yan 89.2 FM, Liberia Monrovia 103.3 FM, Malco Bissau 88.9 FM, Niger Niamey 100.4 FM, Rwanda Butare 106.1 FM, Kibuye 93.3 FM, Kigali 93.9 FM, Senegal Dakar 105.6 FM.
- Sierra Leone Freetown 94.3 FM, Bo 94.5 FM, Kenema 95.3 FM, Telgo Leone 97.5 FM.

**BBC on local stations**
Gambia Sorokunda (West Coast Radio) 95.3 FM, Ghana Accra (Joy FM) 99.7 FM, Botswana (Style FM) 99.3 FM, Ho (Volta Premier Radio) 98.1 FM, Kata Radio 96.3 FM, Kumasi (Capital) 97.1 FM, Luv 95.5 FM, Zuura (Zur Radio) 88.7 FM, Koforidua (Eastern FM) 105.1 FM, Sunyani (Sky) 96.7 FM, Spanish Radio 87.2 FM, Tamale (Diamond FM) 93.7 FM, Volta FM 89.3 FM, Nandom (Radio fried) 91.5 FM, Takoradi (Radio Dynamic FM) 88.9 FM, Takoradi (Classic FM) 91.9 FM, Koforidua (Eastern FM) 105.1 FM, Takoradi Sky Power 91.5 FM, Guineen-Bissau Bissau (Radio Mundo) 100 FM, Kobra (Bombo FM) 106.3 FM.
- Liberia (Bilbo FM) 106.3 FM, Ganta (Radio Kpandai) 94.5 FM, Gbarnga (City) (Super Bongma) 104.4 FM, Harbel (Voice of Fredericksburg) 99.5 FM, Harper (Radio Harper) 91.4 FM, Monrovia (Sky Radio) 107.0 FM, Liberia (Foribari) 101.1 FM, Power FM 93.3 FM, Siere Town (Radio Cape Mount) 102.4 FM, Noviana (Radio Kintomma) 101.1 FM, Zweedu (Smile FM) 98.6 FM, Niger Niamey (R & M) 104.3 FM, Nigeria Abuja, Lagos, Jan (RayPower) 100.5 FM, Kaduna, Kano, Port Harcourt (RayPower) 106.5 FM and (Nigeria Today) 95.1 FM, Warr/Datta State (Delta Broadcasting Service) 88.6 FM, Ibadan (ShoFM) 105.5 FM, Kanu and Dushe (Freedom) 99.5 FM, State broadcasters: Borno 93.5 FM, Ipon 94.4 FM, Jigawa 93.5 FM, Kaduna 639 KHz and 90.8 FM, Katsina 72.9 KHz, Kwarar 99.0 FM, 6.12 KHz; Nunawar 97.1 FM, Osun 89.5 KHz and 104.5 FM, Taraba 12.96 KHz and 90.6 FM.

**Worldwide**
- BBC radio by satellite
  - DStv: BBC World Service English 850, BBC Africa on French 851, BBC African languages 852. Also on Intelsat 10-02 at 1° West and local operators.

**BBC news online**
BBC news is updated constantly at bbc.com/news. English radio programs can be heard at bbbcworldservice.com. For schedule and frequency information click 'How To Listen'. For news in French and Hausa visit bbcnews.com.

**BBC news on television**
BBC World News is available 24 hours a day on DStv: Star Times (DSSTV), My TV, Top TV, Zuku and Zap TV.

BBC Focus on Africa is available on Multi TV, Ghana, One Africa Television, Namibia, Channels Television, Nigeria, Power TV, Liberia, SLBC, Sierra Leone.