

Where you see this sign ❖ you will hear a short **News Update** at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	News	News	News	News	News	News	News	0:00
0:06	Business Matters ❖	FOOC (Weekend) ❖	World Business Report ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	0:06
0:32		Boston Calling	Weekend Outlook					0:32
1:00	News	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	1:00
1:06	The Fifth Floor ❖ (W)	The History Hour ❖						1:06
1:32			The Why Factor	Discovery	Click	Health Check	Science in Action	1:32
1:50			More or Less					1:50
2:00	The Newsroom ❖	The Newsroom ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	2:00
2:32	World Football	The Documentary (Tue) (rpt)						2:32
3:00	The Newsroom	The Newsroom	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	3:00
3:20	Sports News ❖	Sports News ❖						3:20
3:32	In the Balance	Global Business						3:32
4:00	The Newsroom ❖	The Newsroom ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	4:00
4:32	Assignment (rpt)	Trending						4:32
4:50		Sporting Witness						4:50
5:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	5:00
6:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	6:00
7:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	7:00
7:32	World Football	Weekend Outlook	Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	7:32
7:50			Witness	Witness	Witness	Witness	Witness	7:50
8:00	News	News	News	News	News	News	News	8:00
8:06	Documentary (Tue)(rpt)❖ (B)	FOOC (weekend) ❖	HARDtalk ❖	The Documentary (Tue) ❖	HARDtalk ❖	Assignment ❖	HARDtalk ❖	8:06
8:32	The Documentary	Story, Story	The Why Factor	Discovery	Click	Health Check	Science in Action	8:32
8:50	(Wed) (rpt) (B)		More or Less					8:50
9:00	News	News	World Update ❖	World Update ❖	World Update ❖	World Update ❖	World Update ❖	9:00
9:06	Sportshour ❖	The Forum ❖						9:06
9:50		Over to You						9:50
10:00	The Newsroom ❖	The Newsroom ❖	Outside Source ❖	Outside Source ❖	Outside Source ❖	Outside Source ❖	Outside Source ❖	10:00
10:32	In the Balance	Heart & Soul						10:32
11:00	News	News	News	News	News	News	News	11:00
11:06	Top of the Pops ❖	The History Hour ❖ (D)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	The Fifth Floor ❖ (W)	11:06
11:32								11:32
12:00	Newshour ❖	Newshour ❖	News	News	News	News	News	12:00
12:06			HARDtalk ❖	The Documentary (Tue) ❖	HARDtalk ❖	Assignment ❖	HARDtalk ❖	12:06
12:32			The Why Factor	Discovery	Click	Health Check	Science in Action	12:32
12:50			More or Less					12:50
13:00	The Newsroom ❖	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	13:00
13:06		The Science Hour ❖						13:06
13:32	Global Business							13:32
14:00	News	The Newsroom ❖	News	News	News	News	News	14:00
14:06	Sportsworld		Business Daily ❖	Business Daily ❖	Business Daily ❖	Business Daily ❖	Tech Tent ❖	14:06
14:32		Story Story	Heart & Soul	The Documentary (Tue)	The Documentary (Wed)	Assignment	World Football	14:32
15:00	News	News	News	News	News	News	News	15:00
15:06	Sportsworld	Sportsworld	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	15:06
15:32			Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	15:32
16:00	News	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	16:00
16:06	Sportsworld	Sportsworld						16:06
16:32			World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	16:32
17:00	The Newsroom ❖	News	News	News	News	News	News	17:00
17:06		Sportsworld	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	17:06
17:32	In the Balance							17:32
18:00	News	The Newsroom ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	18:00
18:06	Documentary (rpt) ❖ (B) (D)							18:06
18:32	Heart & Soul (B)	Boston Calling						18:32
19:00	News	News	News	News	News	News	News	19:00
19:06	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	19:06
19:32	Trending	Story, Story	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	19:32
19:50	Sporting Witness		From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	19:50
20:00	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	20:00
21:00	News	News	News	News	News	News	News	21:00
21:06	The History Hour ❖	The Arts Hour ❖	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	The Fifth Floor ❖ (W)	21:06
21:32								21:32
22:00	The Newsroom	The Newsroom	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	22:00
22:06	Sports News ❖	Sports News ❖						22:06
22:32	The Why Factor (rpt)	Trending	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	22:32
22:50	Over to You	More or Less						22:50
23:00	The Newsroom ❖	The Newsroom ❖	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	23:00
23:20			Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	23:20
23:32	In the Balance	Discovery (rpt)	Heart & Soul	The Documentary (Tue)	The Documentary (Wed)	Assignment	World Football	23:32

(B) This slot will be home to occasional documentaries and once a month you will hear **World Book Club**, which does not include a news summary at 30 minutes past the hour, and **Global Beats**, which does.
(D) At times, **Debates** and other ad hoc programmes will be broadcast here.
(W) This slot includes a 10-minute broadcast of **Witness**
FOOC = From Our Own Correspondent

HOW TO LISTEN

BBC on FM

Relays predominantly in English (with French)
Benin Cotonou 101.7 FM; **Burkina Faso** Ouagadougou 99.2 FM; **Cameroon** Bamenda 95.7 FM, Douala 103.1 FM, Garoua 94.4 FM, Yaoundé 98.4 FM; **Central African Republic** Bangui 90.2 FM; **Chad** N'Djamena 90.6 FM; **DR Congo** Bukavu 102.2 FM, Goma 93.8 FM, Kinshasa 92.6 FM, Lubumbashi 92 FM, Kisangani 92 FM; **Equatorial Guinea** Malabo 92.5 FM; **Gabon** Libreville 94.0 FM; **Ghana** Accra 101.3 FM, Western Region 104.7 FM; **Guinea** Conakry 93.9 FM, Labe 93.9 FM, Conakry Radio Nostalgie 93.9 FM and Radio Liberté 101.7 FM; **Ivory Coast** Abidjan 94.3 FM, Bouake 93.9 FM, Yamoussoukro 97.7 FM, San Pedro 103.1 FM, Man 89.2 FM; **Liberia** Monrovia 103 FM; **Mali** Bamako 88.9 FM; **Niger** Niamey 100.4 FM; **Rwanda** Butare 106.1 FM, Kibuye 93.3 FM, Kigali 93.9 FM; **Senegal** Dakar 105.6 FM; **Sierra Leone** Freetown 94.3 FM, Bo 94.5 FM, Kenema 95.3 FM; **Togo** Lome 97.5 FM

BBC on local stations

Gambia Serrekunda (West Coast Radio) 95.3 FM; **Ghana** Accra (Joy FM) 99.7 FM, Bolgatanga (Style FM) 99.3 FM, Ho (Volta Premier Radio) 98.1 FM, Keta (Jubilee Radio) 96.5 FM, Kumasi (Kapital) 97.1 FM, (Luv) 99.5 FM, (Zuria FM) 88.7 FM, Koforidua (Eastern FM) 105.1 FM, Sunyani (Sky) 96.7 FM, (Space) 87.7 FM, Tamale (Diamond FM) 93.7 FM, (Fiila FM) 89.3 FM, Nandom (Radio Freed) 92.3 FM, Tarwka (Dynamite FM) 88.9 FM, Techiman (Classic FM) 91.9 FM; Koforidua (Eastern/Z FM) 105.1 FM, Takoradi Skyy Power 93.5 FM; **Guinea-Bissau** Bissau (Radio Mavegro) 100 FM, (Radio Bombolom) 106.2 FM; **Liberia** Buchanan (Gbehzohn Radio) 106.3 FM, Ganta (Radio Kergheamahn) 94.5 FM, Gbarnga City (Super Bongese) 104.4 FM, Harbel (Voice of Firestone) 89.5 FM, Harper City (Radio Harper) 94.1 FM, Monrovia (Sky Radio) 107.0 FM, (Liberia Farbric) 101.1 FM and (Power FM) 93.3 FM, Sinje Town (Radio Cape Mount) 102.4 FM, Voinjama (Radio Kimtoma) 101.1 FM, Zwedru (Smile FM) 98.6 FM; **Niger** Niamey (R & M) 104.5 FM; **Nigeria** Abuja, Lagos, Jos (RayPower) 100.5 FM, Kaduna, Kano, Port Harcourt (RayPower) 106.5

FM and (Nigeria Today) 95.1 FM, Warri/Delta State (Delta Broadcasting Service) 88.6 FM; Ibadan (Splash FM) 105.5 FM; Kano and Dutse (Freedom) 99.5 FM. State broadcasters: Borno 93.5 FM; Imo 94.4 FM; Jigawa 93.5 FM; Kaduna 639 KHz and 90.8 FM; Katsina 97.2 KHz; Kwara 99.0 FM and 6.12 KHz; Nasarawa 97.1 FM; Osun 89.5 KHz and 104.5 FM; Taraba 12.69 KHz and 90.6 FM.
Sierra Leone Bo (Capital FM) 102.3 FM and (Star Radio) 89.1 FM; Freetown (Capital FM) 104.9 FM, (Star Radio) 103.5 FM, (Radio Democracy) 98.1 FM; Kabala (Radio Bintumani) 93.7 FM; Kailahun (Radio Moe) 105.5 FM; Kenema (Eastern Radio) 101.9 FM and (Star Radio) 99.5 FM; Lungy (Galaxy FM) 106.1 FM; Makeni (Radio Mankneh) 95.1 FM; Mile (Star Radio) 91 FM; Moyamba (Star Radio) 91.5 FM;.

BBC radio by satellite

DSTV: BBC World Service English 850, BBC Afrique en Francais 851, BBC African languages 852. Also on Intelsat 10-02 at 1° West and local operators.

BBC news online

BBC news is updated constantly at bbc.com/news. English radio programmes can be heard at bbcworldservice.com. For schedule and frequency information click 'How To Listen'.

For news in **French** and **Hausa** visit:

bbcafricque.com
bbchousa.com

BBC news on television

BBC World News is available 24 hours a day on DSTV, Star Times (SDTV), My TV, Top TV, Zuku, and Zap TV.
BBC Focus on Africa is available on Metro TV, Ghana: One Africa Television, Namibia: Channels Television, Nigeria: Power TV, Liberia: SLBC, Sierra Leone.