### A Guide to Listening in English

**BBC World Service**

**April – October 2014**

**How to listen**

**BBC on FM**
- **Bangladesh:** Dhaka 100 FM (English), 88.8 FM, Khulna 88.8 FM, Rangpur 88.8 FM, Rajshahi 88.8 FM, Chittagong 88.8 FM, Comilla 103.6 FM, Cox’s Bazar 100.7 FM, Barisal 103.5 FM, Thakurgaon 92.0 FM (all Bengali).
- **India:** Delhi 100.1 FM, 88.8 MHz. (All members of ACORAB – the umbrella body of Community Radio Stations in India – broadcast here. This slot includes a 10-minute broadcast of Focus on Our Community, and other ad hoc programmes will be broadcast here.)
- **Maldives:** Male, Capital Radio 95.6 FM.
- **Nepal:** Kathmandu 103 FM (English and Nepali language programmes, 20 hours a day);
  - Synergy FM 91.6; Gadhnu FM 91.4; Radio Mithila 100.8 FM, Radio Birgunj 99 FM; Kalika FM 91.0; Hattisauri FM 96.9, Sindhi FM 88.8, Janakpur FM 101.8; Radio Today 91 MHz; Youth FM 96.8. Sagalkosi FM 90; Pathibhara FM 93.6; Santragachi FM 101.6, Popular FM 95.9; Amara FM 91.4; Vijay FM 98.8; Eagle FM 99.2; Dineo FM 93.8, Phulwari FM 93.2; Radio Bagawlou 101 MHz; Dhaulagni FM 96.8; Radio Annapurna 93.4 FM, Tinu FM 98.2; Radio Rekunga 106.2 FM, Bandpur FM 98.8; Sanyasi FM 91.9; Hamro Massa FM 101 MHz. (All members of ACCORAB – the umbrella organization of community FM radio stations in Nepal, BBC Nepal programmes only)
- **Sri Lanka:** SLBC; Batticaloa 99.6 FM (English), 102 FM (Tamil), 90.3 FM (Sinhala), Colombo 96.4 and 95.6 FM (English), 94.2 FM and 101.3 FM (Tamil), 90.1 FM and 98.3 FM (Sinhala), Galle 90.8 FM, Kataragama 94.8 and 90.8 FM (English), 104.8 FM (Tamil), 99.6 FM (Sinhala), Nawara Eliya 100.2 FM (English), 103.5 FM (Tamil), 97 FM (Sinhala); Anuradhapura 102.4 FM (Tamil), 107.6 FM (Sinhala), Kandy 94.4 FM (English), 98.8 FM (Tamil), 102 FM (Sinhala); Ya FM: Colombo 89.5 FM, Kandy 88.2 FM and 101 FM (all English).

**BBC via satellite**
- **Across South Asia direct-to-home from Apstar 7 at 76.5º East.**

**BBC News online**
- BBC news is updated constantly at bbc.com/news. English radio programmes can be heard at bbcworldservice.com. For schedule and frequency information click How To Listen. For news in Bangladesh, Hindi, Nepali, Sinhala, Tamil and Urdu visit: bbcworldservice.com; bcheindi.com; bcheindi.com; bcheindi.com; bctamil.com; bcurdur.com.

**BBC on TV**
- **BBC Global India on ETV:**
  - ETV Rajasthan: Monday 1700 IST, Saturday 2030 IST (rpt), Sunday 1100 IST (rpt)
  - ETV Uttar Pradesh & Uttarakhand: Friday 2000 IST, Saturday 2130 IST (rpt), Sunday 1100 IST (rpt)
  - ETV Madhya Pradesh & Chattisgarh: Friday 2000 IST, Saturday 2130 IST (rpt), Sunday 1100 IST (rpt)
  - ETV Bihar & Jharkhand: Friday 2000 IST, Saturday 2130 IST (rpt), Sunday 1100 IST (rpt)

**Television audiences can find information about BBC World News, the BBC’s international news channel, at bccworldnews.com**

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