

Where you see this sign ❖ you will hear a short **News Update** at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	World Briefing	World Briefing	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	0:00
0:20	Sports News ❖	Sports News ❖						0:20
0:32	Discovery (rpt)	Click (rpt)	Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	0:32
0:50	Witness (rpt)	Sporting Witness	Sports News	Sports News	Olympic Update	Sports News	Sports News	0:50
1:00	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	1:00
1:32	Global Business	In the Balance/ The Bottom Line	One Planet	Discovery	Click	Healthcheck	Science in Action	1:32
1:50			From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	1:50
2:00	News	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	2:00
2:06	Assignment (rpt) ❖	Your World ❖						2:06
2:32	One Planet (rpt)	Heart & Soul	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	2:32
2:50	Over to You		Witness	Witness	Witness	Witness	Witness	2:50
3:00	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	3:00
3:32	Click (rpt)	Science in Action (rpt)						3:32
3:50	Witness (rpt)	Witness (rpt)						3:50
4:00	News	The World Today ❖	News	News	News	News	News	4:00
4:06	The Forum ❖		HARDtalk ❖	The Documentary ❖	HARDtalk ❖	Assignment ❖	HARDtalk ❖	4:06
4:32		Global Business	Outlook	Outlook	Outlook	Outlook	World Football	4:32
4:50	Witness (rpt)							4:50
5:00	News	News	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	5:00
5:06	FOOC (Weekend) ❖	The Strand (Weekend) ❖						5:06
5:32	Heart & Soul		One Planet	Discovery	Click	Healthcheck	Science in Action	5:32
5:50			From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	5:50
6:00	World Today Weekend ❖	World Today Weekend ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	6:00
6:32	Healthcheck (rpt)	Discovery (rpt)						6:32
6:50	Sporting Witness	Witness (rpt)						6:50
7:00	World Today Weekend ❖	World Today Weekend ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	The World Today ❖	7:00
8:00	World Today Weekend ❖	World Today Weekend ❖	News	News	News	News	News	8:00
8:06			HARDtalk ❖	The Documentary ❖	HARDtalk ❖	Assignment ❖	HARDtalk ❖	8:06
8:32			Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	8:32
8:50			From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	8:50
9:00	News	News	News	News	News	News	News	9:00
9:06	FOOC (Weekend) ❖	Your World ❖	Outlook ❖	Outlook ❖	Outlook ❖	Outlook ❖	World Football ❖	9:06
9:32	In the Balance/ The Bottom Line	Global Business	The Strand	The Strand	The Strand	The Strand	The Strand	9:32
9:50			Witness	Witness	Witness	Witness	Witness	9:50
10:00	News	World Briefing/News	World Update ❖	World Update ❖	World Update ❖	World Update ❖	World Update ❖	10:00
10:06	Top of the Pops ❖	World Briefing cont (W)						10:06
10:20		Sports News (W) ❖						10:20
10:32		Heart & Soul (W)						10:32
11:00	News	News	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	11:00
11:06	Assignment (rpt) ❖	The Strand (Weekend) ❖						11:06
11:32	Healthcheck (rpt)		One Planet	Discovery	Click	Healthcheck	Science in Action	11:32
11:50	Over to You		Sports News	Sports News	Sports News	Sports News	Sports News	11:50
12:00	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	12:00
13:00	World Briefing ❖	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	13:00
13:06		The Forum ❖ (D)						13:06
13:32	Global Business		Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	13:32
13:50		Witness (rpt) (D)	Sports News	Sports News	Olympic Update	Sports News	Sports News	13:50
14:00	News	News	News	News	News	News	News	14:00
14:06	Sportsworld	Your World ❖	HARDtalk ❖	The Documentary ❖	HARDtalk ❖	Assignment ❖	HARDtalk ❖	14:06
14:32		One Planet (rpt)	The Strand	The Strand	The Strand	The Strand	The Strand	14:32
14:50		Sporting Witness	Witness	Witness	Witness	Witness	Witness	14:50
15:00	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	15:00
15:06	Sportsworld							15:06
15:32		In the Balance/ The Bottom Line	Outlook	Outlook	Outlook	Outlook	World Football	15:32
16:00	News	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	16:00
16:06	Sportsworld	Sportsworld						16:06
16:32			Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	16:32
16:50			From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	16:50
17:00	News	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	17:00
17:06	Sportsworld	Sportsworld						17:06
17:32	Sportsworld Have Your Say		World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	17:32
18:00	World Briefing ❖	News	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	World Have Your Say ❖	18:00
18:06		Sportsworld ❖						18:06
18:32	Discovery (rpt)	Sportsworld Have Your Say						18:32
18:50	Sporting Witness							18:50
19:00	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	19:00
19:06	The Strand (Weekend) ❖ (D)							19:06
19:32		Heart & Soul	The Strand	The Strand	The Strand	The Strand	The Strand	19:32
19:50			Witness	Witness	Witness	Witness	Witness	19:50
20:00	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	20:00
21:00	News	News	News	News	News	News	News	21:00
21:06	The Forum ❖	Your World ❖	HARDtalk ❖	The Documentary ❖	HARDtalk ❖	Assignment ❖	HARDtalk ❖	21:06
21:32		In the Balance/ The Bottom Line	Discovery	Click	Healthcheck	Science in Action	One Planet	21:32
21:50	Witness (rpt)		From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	From Our Own Correspondent	21:50
22:00	News	News	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	22:00
22:06	The Documentary (rpt) (W)	FOOC (Weekend) ❖						22:06
22:32	Global Business (W)	Science in Action (rpt)	Outlook	Outlook	Outlook	Outlook	World Football	22:32
22:50		Witness (rpt)						22:50
23:00	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	World Briefing ❖	23:00
23:32	One Planet (rpt)	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	Healthcheck (rpt)	23:32
23:50	Witness (rpt)	Sports News	Sports News	Sports News	Sports News	Sports News	Witness (rpt)	23:50

(W) Once a month you will hear **World Book Club** and **World Routes**, and also occasional **Dramas** (**World Book Club** and the **Dramas** do not include a news summary at 30 minutes past the hour)
(D) At times, **Debates** will be broadcast here. **FOOC** = From Our Own Correspondent

HOW TO LISTEN

BBC on FM

Bangladesh: Dhaka 100 FM (English and Bengali); Sylhet 105 FM; Khulna 102 FM; Rangpur 105.4 FM; Rajshahi 105 FM; Chittagong 105.4 FM; Comilla 101.2 FM (all Bengali).

India (English): Radio Indigo 91.1 FM, Bangalore and Goa.

Community Radio Stations: Vivek 90.4 FM in Chandigarh; Salaam Namaste 90.4 FM in Noida; Radio JU 90.8 Mhz in Kolkata; Pasumai 90.4 FM in Dindigul.

India (Hindi): BIG 92.7 FM Agra, Ajmer, Aligarh, Allahabad, Amritsar, Asansol, Bareilly, Baroda, Bhopal, Bhubhaneshwar, Bikaner, Chandigarh, Cuttack, Delhi, Goa, Guwahati, Hissar, Indore, Jalandhar, Jammu, Jamshepur, Jhansi, Jodhpur, Kanpur, Kolkata, Kota, Mumbai, Patiala, Rajkot, Ranchi, Rourkela, Shimla (91.1 FM), Sholapur, Srinagar, Surat, Udaipur. BIG 92.7 FM (Tamil) in Chennai and Pondicherry; 95 FM Tadka in Jaipur

and Raipur; 94.3 Tomato FM in Kolhapur and Sangli; 94.3 FM Radio Misty in Siliguri, Radio Misty Sikkim 95 FM in Gangtok.
(Also available via 105.4 FM Radio Spice in Dubai, UAE; in the US via HumDesi Radio in Chicago [97.9 HD3], Los Angeles [105.9 HD3], New York City [97.1 HD], San Jose [106.5 HD2] and Washington DC [103.5 HD2], and East FM in Nairobi 106.3 FM and Mombasa 89.5 FM.

Maldives: Male, Capital Radio 95.6 FM

Nepal: Kathmandu 103 FM (English and Nepali 24 hours); Bageshwaori 94.6 FM; Dhawalgiri 98.6 FM; Radio Birgunj 99 FM; Saptakoshi 90 FM; Radio Annapurna 93.4 FM; Kalka 95.2 FM; Synergy 91.6 FM; Pathibara 93.6 FM; Janakpur 101.8 FM; Hetauda 96.6 FM; Tinau 98.2 FM; Gadhimai 91.4 FM; Radio Mithila 100.8 FM; Saptargani 101.6 FM;

Dinesh 93.8 FM; Popular 99.5 FM; Radio Resunga 106.2 FM; Radio Sanskar 99 FM; and via all ACORAB (Association of Community Radio Broadcasters Nepal) accredited stations (all Nepali)

Sri Lanka: SLBC: Batticaloa 99.6FM (English), 102 FM (Tamil), 90.4 FM (Sinhala); Colombo 96.4 and 95.6 FM (English), 94.2 FM and 101.3 FM (Tamil), 90.3 FM and 98.3 FM (Sinhala); Galle 90.8 FM (English); Matara 98.4 FM and 90.8 FM (English), 104.8 FM (Tamil), 99.6 FM (Sinhala); Nuwara Eliya 100.2 FM (English), 103.5 FM (Tamil), 97 FM (Sinhala); Anuradhapura 102.4 FM (Tamil), 107.6 FM (Sinhala); Kandy 96.4 FM (English), 98.8 FM (Tamil), 102 FM (Sinhala). Yes FM: Colombo 89.5 FM, Kandy 88.2 FM and Galle 101 FM (all English).
(Also available via 105.4 FM Radio Spice in Dubai, UAE; in the US via HumDesi Radio in Chicago, Los Angeles, New York City, San Jose and Washington DC; and East FM in Nairobi and Mombasa.)

BBC via satellite

Across South Asia direct-to-home from Apstar 2R at 76.5° East.

BBC on the internet

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