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Teacher's pack

Lesson plan and student worksheets with answers



Yummy and scrummy



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**Level:** Intermediate and above

**Topic:** Taste in food

**Aims:** Listening skills – A short talk

Language – ‘Yummy, scrummy’ and other familial terms

**Materials:** Worksheet 1 – Introductory speaking and vocabulary exercises,  
Listening section 1  
Worksheet 2 – Listening section 2  
Worksheet 3 – Extra work: Vocabulary, language and discussion  
Audio script – Available in teacher’s notes  
Recording of the talk – Available online at [bbclearningenglish.com](http://bbclearningenglish.com)

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## LESSON STAGES

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### A

Explain to the students that they are going to listen to a talk by Professor David Crystal, an expert on the English language, and that the talk is about the way English is changing. This particular talk is about the words ‘yummy’ and ‘scrummy’.

### B

Hand out **Student Worksheet 1**. Students do **Speaking, Exercise 1** in small groups or pairs.

### C

Students do **Vocabulary, Exercise 2** - without dictionaries at first.  
Practise the pronunciation of the vocabulary, as they will hear it in the talk.

### D

Students read **Listening: Section 1, Exercise 3** and then listen to Section 1 of the talk.  
They answer questions ‘a’ and ‘b’.

Students listen again and do **Listening: Section 1, Exercise 4**.

### E

Hand out **Student Worksheet 2**  
Students read **Listening: Section 2, Exercise 5** and then listen to Section 2 of the talk.  
They answer question ‘a’.

### F

Students try to answer **Listening: Section 2, Exercise 6**. They listen again to Section 2 to check/complete their answers.

### G

If you wish to do some extra work with the class, hand out **Student Worksheet 3**

For the vocabulary exercise, give the students copies of the audio script and play the complete talk as they read.

The language work focuses on other words used to describe food.

The final discussion activity is connected to the language work, using some of the vocabulary from the lesson.

## AUDIO SCRIPTS

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### Listening Section 1

Yummy and scrummy - childhood terms for the taste of food. I remember using them when I was a kid. They're actually quite old – well, a hundred years or so – they're late 19<sup>th</sup> century – is the first time I've found a reference to them from 'yum, yum' - 'yummy' - from 'yum, yum' - first, referring to delicious food, of course, and then to attractive people. That became a usage in the 1990s, which was quite fashionable for a while.

People talked about 'yummy mummies' – that is the perfectly-groomed woman who goes yoga classes, stays slim, has clean children and has a four-wheel-drive. And other usages came in too – 'I've got a very yummy job', people might say, and recently, I heard somebody talking about somebody who had a very yummy blog on the internet – in that sense, it means, sort of, delightful and attractive, rather than delicious.

### Listening Section 2

Well, 'scrummy', anyway became modelled on 'yummy'. It developed in the early 20<sup>th</sup> century some years later, again originally with reference to food – scrumptious, you see, it's a derivation from that word, which means delicious. People talked about 'scrummy cakes' and 'scrummy recipes'.

And then, started using it as an adjective too, more than 'yummy' did, you know, 'that was scrummier', 'this is scrummiest'. I have heard 'yummier' and 'yummiest', but 'scrummier' and 'scrummiest' seems to be more common! Something sounds 'scrummy'. There are 'scrummy TV shows' now. The word, evidently, has moved on!

## ANSWER KEY

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### VOCABULARY

#### Exercise 2

- a. **delicious** very tasty, usually describing food
- b. **perfectly-groomed** very well-dressed, smart and tidy
- c. **a four-wheel drive** a type of large, expensive car
- d. **a blog** a type of writing on the Internet, usually personal, like a diary
- e. **a derivation** something which is made from or based on another thing
- f. **recipe** the description of how to make a meal

### LISTENING: SECTION 1

#### Exercise 3

- a. yummy
- b. a positive meaning

#### Exercise 4

- a. False – ‘They’re actually quite old...late nineteenth century.’
- a. True – ‘first, referring to delicious food.’
- c. True – yummy mummies, a yummy job; ‘it means delightful.’

### LISTENING: SECTION 2

#### Exercise 5

- a. ii. Scrumptious
- b. a positive meaning

#### Exercise 6

- a. False – ‘scrummy, anyway became modelled on yummy.’
- b. True – ‘...seems to be more common.’
- c. False – ‘The word, evidently, has moved on.’

## EXTRA WORK

### VOCABULARY

#### Exercise 7

- a. delightful
- b. attractive
- c. evidently

### LANGUAGE

#### Exercise 8a

- |                    |                    |
|--------------------|--------------------|
| a. disgusting      | 3. delicious       |
| b. savoury         | 7. sweet           |
| c. healthy         | 1. junk            |
| d. bland           | 5. tasty           |
| e. hot and spicy   | 8. mild            |
| f. soft and tender | 4. chewy and tough |
| g. rich            | 2. plain           |
| h. heavy           | 6. light           |

#### Exercise 8b

- 1 cup of tea
- 2 ice cream
- 3 chocolate
- 4 curry
- 5 salad

## WORKSHEET 1

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### SPEAKING

**1. Discuss these questions with a partner.**

- a. What food do you regularly eat?
- b. Which food do you really like, or think is really, really tasty?
- c. Which food do you not like, or think is really, really disgusting?
- d. Is the food that you like and dislike now different to the food that you liked and disliked when you were a child?
- e. What food was your childhood favourite?
- f. Is there any food that you simply can't stop eating once you have started?
- g. What do you think makes tasty food or a tasty meal?

### VOCABULARY

**2. Match these words and phrases to their definitions.**

- |                              |                                                                   |
|------------------------------|-------------------------------------------------------------------|
| a. <b>delicious</b>          | a type of large, expensive car                                    |
| b. <b>perfectly-groomed</b>  | the description of how to make a meal                             |
| c. <b>a four-wheel drive</b> | something which is made from or based on another thing            |
| d. <b>a blog</b>             | very well-dressed, smart and tidy                                 |
| e. <b>a derivation</b>       | a type of writing on the Internet, usually personal, like a diary |
| f. <b>recipe</b>             | very tasty, usually describing food                               |

## LISTENING SECTION 1

**3. Now, listen to Professor Crystal talking about two words in English and answer this question.**

- a. Which word does Professor Crystal concentrate on in this first part of the talk?
- b. Does this word have a positive or a negative meaning?

**4. Listen to Section 1 again and decide if the following statements are true or false, according to Professor Crystal.**

- a. The first references to this word were in the 1990s.
- b. Originally, the word described tasty food.
- c. Nowadays, the word can describe many things that people like.

## WORKSHEET 2

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### LISTENING SECTION 2

**5. Listen to Section 2 of the talk and answer these questions.**

- a.** The second word in Professor Crystal's talk is 'scrummy'. What word does it come from?
- i. scrumpous
  - ii. scrumptious
  - iii. scrumjous
- b.** Is this a positive or negative word?

**6. Listen again to Section 2. Are the following sentences true or false?**

- a.** Yummy is based on the way we use scrummy.
- b.** People now use scrummy more frequently than yummy.
- c.** Professor Crystal does not think scrummy has changed much in meaning and use.

WORKSHEET 3 - EXTRA WORK

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VOCABULARY

7. Find the phrases in the text that have the following meanings.

- a. charming, pleasant, able to make you smile
- b. good-looking, or makes someone interested in it
- c. clearly, obviously and definitely

LANGUAGE

8a. There are many adjectives that are used to describe the taste and texture of food.

Match the opposites below.

- |                    |                    |
|--------------------|--------------------|
| a. disgusting      | 1. junk            |
| b. savoury         | 2. plain           |
| c. healthy         | 3. delicious       |
| d. bland           | 4. chewy and tough |
| e. hot and spicy   | 5. tasty           |
| f. soft and tender | 6. light           |
| g. rich            | 7. sweet           |
| h. heavy           | 8. mild            |

8b Which of the nouns in italics are not usually used with the adjective in the sentences.

- 1 I had a really heavy *meal/cup of tea/dessert* last night
- 2 This *ice cream/curry* is really mild
- 3 I like savoury snacks like *crisps/samosas/chocolate/peanuts*
- 4 When I'm ill, I eat plain food like *toast/chicken soup/curry*
- 5 I never eat junk food like *beefburgers/salad/chips*

### DISCUSSION

#### 9. Discuss these questions with your partner.

- a. Do you tend to eat savoury or sweet snacks?
- b. Have you ever had a curry? Do you prefer hot or mild curries?
- c. What's the most disgusting food you've ever tried?
- d. Do you think you have a healthy diet?
- e. Do you ever buy junk food?
- f. Do you often eat rich food e.g. rich chocolate cake?
- g. Can you think of any food that is chewy?
- h. In the evening, do you have a large meal or a simple light meal?
- i. What's the scrummiest food that you have ever eaten?
- j. Have you ever had a meal, in a restaurant, that was just really bland and disappointing?
- k. Can you describe your dream meal? How many courses would you have? What food would you have in each course?