Gap-fill
Complete the conversation using the correct form of the phrasal verbs listed below. You can use some of the verbs more than once.

burn out
run out of
slow down
take over

Vicki: Now stop worrying about your job Matt.

Matt: But I really do think this job is (1) ________________ my life. I’ve got to (2) ________________.

Vicki: Yes you need to stop working so hard otherwise you’ll be too tired to do anything.

Matt: That’s right - if I don’t (3) ________________, I’m going to (4) ________________ ….

Vicki: Exactly - and if you (5) ________________ through working too hard, you won’t be able to do your job properly anyway!

Vicki: So, pace yourself - work more slowly. Don’t (6) ________________ steam before you get to the top!

Matt: You’re right, I don’t want to (7) ________________ steam - I don’t want to use all my energy before I can get promoted again.
KEY

1) taking over
2) slow down
3) slow down
4) burn out
5) burn out
6) run out of
7) run out of