The Weatherman Walking maps are intended as a guide to the TV programme only. Routes and conditions may have changed since the programme was made. The BBC takes no responsibility for any accident or injury that may occur while following the route. Always wear appropriate clothing and footwear and check weather conditions before heading out.
Approximate distance: 8 miles
Grab a pint at Nye Bevan’s favourite watering hole before moving on to explore the dark tunnels of the Chartist’s cave.

1. The Top house pub (start & end)
   This is where the walk started and you’ll find it at the top of the village hence the name.
   Nye Bevan enjoyed a pint here and his picture takes pride of place above the bar.

2. The Duke’s table
   Locals believe that this circular green mound with an outer stone ring was once a picnic table for the Duke of Beaufort.
   Next to the table is a clear spring that never runs dry, even in the harshest summer droughts.

3. Nye Bevan memorial stone
   Take a right here and head for the mountains to do a shorter circular route or head for the trees as we did and follow the old Bryn Ore tram road.
   Here you’ll find Nye Bevan’s favourite Welsh view.

4. Garn Fawr Cairn
   This Bronze Age burial chamber is one of the biggest in Wales.
   Climb up the sides carefully for a breath taking panoramic view of the mountains.
   This cairn is very evocative and a great place to forget all about the 21st century.

5. The Chartist’s cave
   Arguably one of Wales’ most historic monuments this cave is where workers hid, met in secret and plotted the Chartist’s Uprising.
   Watch your step inside and explore the main chamber. Tunnels lead off from it but should be avoided at all costs. These are for professional cavers only!

6. Trefil quarry
   Wander through Wales’ largest scheduled ancient monument, first opened in 1819 and soak up its Wild West atmosphere.
   Keep an eye out for the old tram line sleeper marks in the path. Drop down to the main road and walk back to the Top House pub.