

Primary History

Worksheet: The Romans - A bulla

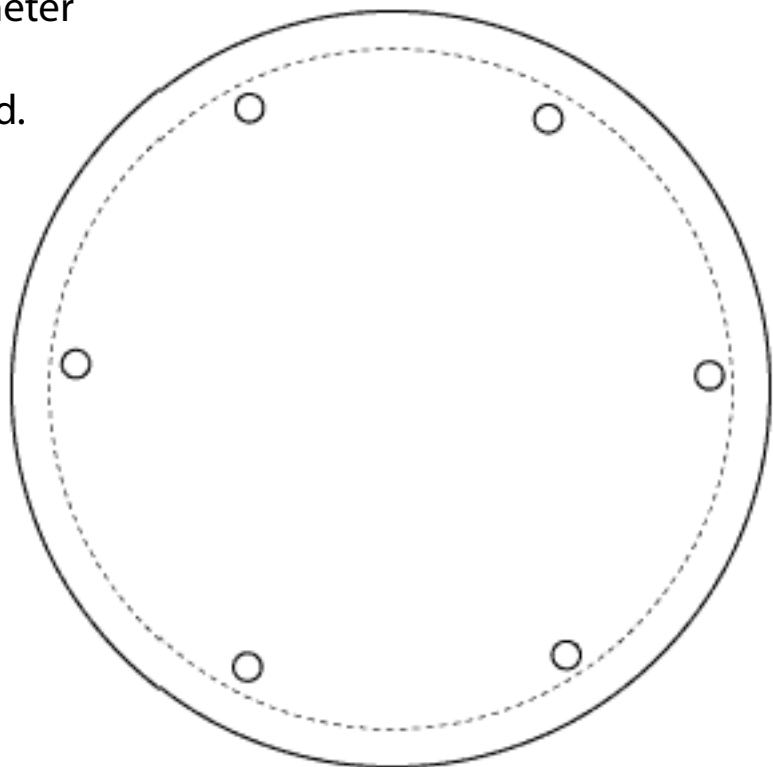
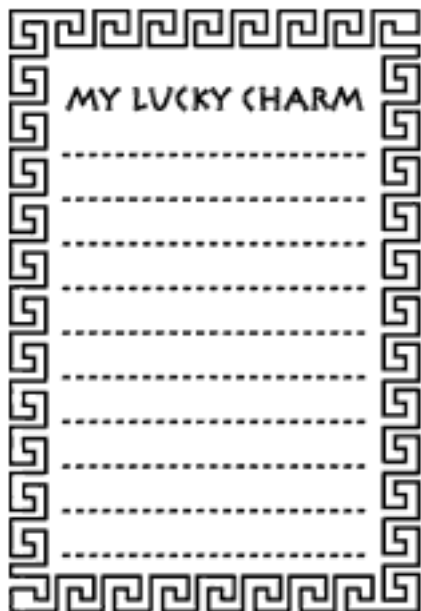
A bulla was a small bag made from a soft, woven wool that many Romans wore round the neck. It contained a secret, lucky charm, perhaps a spell or a magic word.

To make your own bulla you will need:

A circle of soft material, diameter about 20 cm.

About 60 cm of strong thread.

A needle



(This template is half size)

1. Stitch round, about 2 cm in from the edge of the circle, using the thread double.
2. Cut off the needle and tie the two ends of the thread together.
3. Pull up the ends to gather the material into a purse.
4. Write some good-luck words to put inside your bulla.
5. Wear it and be lucky!