
BBC LEARNING ENGLISH

English Together

Continuity of care



This is not a word-for-word transcript

Tejali

नमस्कार मित्रांनो! Hello and welcome to English Together, असा शो जिथे आपण चर्चा करतो निरनिराळे विषय आणि त्यासंबंधित शब्दांची. मी तेजाली

Tom

And hi everybody! I'm Tom, thanks for joining us today.

Kee

And I'm Kee. Welcome to today's show!

Tejali

आज आपण बोलणार आहोत हे आरोग्यसुविधांच्या उपलब्धतेबद्दल. हल्ली कुठेही गेलो तर तिथली सेवा तुम्हाला आवडली का हे जाणून घेण्यासाठी रेटिंग द्यायला सांगतात. आजचा प्रश्न आहे युकेतल्या डॉक्टर्सबद्दल. युकेमधल्या किती टक्के रुग्णांनी त्यांच्या डॉक्टर्सना 'अतिउत्तम' रेटिंग दिलं आहे?

- a) 50%
- b) 70%
- c) 90%

Tom

I don't have a problem with healthcare here in the UK. I can normally get to see a G.P. pretty quickly.

Tejali

A G.P. किंवा general practitioner, म्हणजे सामान्य आजारांवर इलाज करणारा डॉक्टर.

Kee

But do you see the same G.P. each time you visit the doctor's surgery? Apparently, that can have a positive impact on our health.

Tejali

हम्म, बरोबर आहे तुझं. त्यामुळेच आमच्याकडे फॅमिली डॉक्टर ही संकल्पना आहे. काहीही झालं की

प्रत्येकजण आपल्या फॅमिली डॉक्टरकडे जातात. त्यांना तुमच्या संपूर्ण कुटुंबाची संपूर्ण माहिती असते; त्यामुळे निदान होणंही सोपं जातं. आजची क्लिप बीबीसी रेडियो 4 च्या *Inside Health* मधली आहे. एकाच डॉक्टरकडून उपचार घेतल्यामुळे mortality rate वर काय परिणाम होतो हे सर डेनिस परेरा ग्रे सांगत आहेत. Mortality rate म्हणजे मृत्युदर.

Dr. Porter

Continuity has long been regarded as a good thing in medicine. Lead researcher and ex-GP, Sir Dennis Pereira-Grey.

Sir Dennis

Continuity of care with a doctor, and that means a patient repeatedly seeing a single doctor, is associated with lower death rates.

Dr. Porter

Now your research found that relationship, can it explain why?

Sir Dennis

Yes, it can! I think there are a whole lot of reasons. The interesting, basic research showed that, in fact, just repeated meeting between two human beings means that the two start to like each other more. And then there was some very important research which showed that patients were more likely to tell doctors they know and trust important information which they won't necessarily tell a strange doctor.

Kee

Interesting, isn't it! Seeing the same doctor can lead to lower rates of mortality amongst patients.

Tom

It's very interesting, actually. I'm surprised.

Kee

It's true! The doctor has research to back it up!

Tejali

To back up म्हणजे पाठिंबा देणे, आधार देणे. The research also backs up the idea that people feel more comfortable speaking to the same doctor.

Tom

And it's probably easier for the doctor to diagnose people who he's familiar with, too.

Tejali

True! Then the patient will be more likely to accept the diagnosis, too. To diagnose म्हणजे निदान.

Kee

It sounds like a win-win situation to me.

Tejali

A win-win situation जसं आपण म्हणतो पाचही बोट तुपात. ज्याचा अर्थ आहे दोन्ही बाजूंना फायदाच होतो.

Tom

Well, I think quality time with anyone is great...

Tejali

Quality time म्हणजे वेळेचा दर्जेदार उपयोग. Please continue.

Tom

Thank you. As I said, quality time is good, especially if it's during a consultation. However, I think there's a danger of placing an inordinate amount of trust in one person's opinion.

Tejali

An inordinate amount म्हणजे अतिजास्त. Can you explain what you mean by that?

Tom

Well, a doctor provides you with an opinion based on a consultation. However, sometimes it might be good to get a second opinion, too, in case the diagnosis is wrong.

Kee

OK, I take your point. I do put a lot of trust in doctors, but that's usually based on their track record.

Tejali

Someone's track record relates to their successful or unsuccessful past actions. यूकेतील 90% रूग्ण, डॉक्टर्सना त्यांच्या track records बघून मानांकन देतात, म्हणजे आपल्या प्रश्नाचं उत्तर आहे 90% ऑप्शन C.

Kee

You see! To be honest, I think today's episode shows a wider truth.

Tejali

A wider truth म्हणजे सत्य परिस्थिती. And what wider truth is that?

Kee

That it's always good to work with the same people!

Tom

Aw, thanks Kee! Even me?

Kee

That's the truth!

Tom

Even me?

Kee

Uhh... yes!

Tejali

Yes, thanks! तुम्ही सांगा. Continuity of care, between a doctor and patient, म्हणजे एकाच डॉक्टरकडून उपचार घेतल्याचे आरोग्याला काही फायदे होतात का? 'Second opinion' म्हणजे दुसऱ्या डॉक्टरचं मत घेण्याबद्दल तुम्हाला काय वाटतं? आमच्या फेसबुक ग्रुपवर नक्की सांगा. आता आजचे शब्द बघू.

A G.P. किंवा 'general practitioner' म्हणजे सामान्य आजारांवर इलाज करणारे डॉक्टर, 'a win-win situation' म्हणजे 'to back something up' म्हणजे एखाद्या गोष्टीला आधार देणे, पाठिंबा देणे, 'to diagnose' म्हणजे निदान, 'quality time' म्हणजे वेळेचा दर्जेदार उपयोग, 'an inordinate amount' म्हणजे खूप जास्त, 'based on a track record' म्हणजे भूतकाळातील घटनांवर आधारित, 'a wider truth' म्हणजे सत्य परिस्थिती.

आज इथेच थांबूया पुन्हा भेटू English Together च्या पुढच्या भागात. Bye.