
BBC LEARNING ENGLISH

The English We Speak

You do you



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This is not a word-for-word transcript

Feifei

Hello, this is The English We Speak with me Feifei and joining me is Rob. Hello Rob!

Rob

Hello. Now, I was thinking – you always start the programme – it’s never me.

Feifei

That’s right. I have always started the programme – that’s the way I like it!

Rob

Really. And you *always* introduce the examples.

Feifei

I do, Rob – it’s just the way I like to do it and I know what’s best!

Rob

You mean, you do you!

Feifei

I do me?

Rob

No – you do you – it means you do your own thing, you know your own mind, and you probably won’t change.

Feifei

‘You do you’ – hmm, yes. Thanks for clearing that up, Rob. I guess you’re right.

Rob

Thanks, but can I introduce the examples today, please?

Feifei

No!

Examples

Look, we can't agree on this – you do you and we'll talk about this again later.

I told my girlfriend to do more exercise but she wouldn't listen, so I told her 'you do you', I'm off for a run!

I like the way you do you - you stick to what you think is right and are not influenced by other people's comments.

Feifei

This is The English We Speak from BBC Learning English, and we're talking about the expression 'you do you', which can be said to someone to mean they always behave in the same way and they won't change. Of course, Rob, I couldn't do things your way.

Rob

Oh, why?

Feifei

You're always late so it's best if I start the programme. And there's another reason why I always 'do me'... I'm always right!

Rob

Oh! In that case, maybe I can 'do you' too?

Feifei

It's OK, Rob. It's best if you do you and I'll do me.

Rob

Who, me? Oh, this is very confusing.

Feifei

I'll tell what you can *do* – you can finish the programme because I've got to go. Bye.

Rob

Right, that's all for this's The English We Speak. Bye. Feifei, where have you gone?