
BBC LEARNING ENGLISH

The English We Speak

Shrinkflation



This is not a word-for-word transcript

Rob

Hello, I'm Rob...

Feifei

... and I'm Feifei and this is The English We Speak. Hold on... Rob, are you eating?!

Rob

I am. Would you like a crisp? They're cheese and onion flavour.

Feifei

Oh go on then – oh, I see you've eaten most of them, but I'll have the last one, shall I?

Rob

Actually Feifei, there weren't many crisps to start with – it's this 'shrinkflation'.

Feifei

Shrinkflation – I guess that's the opposite of 'inflation'?

Rob

That's correct – inflation is where prices rise, or the size of things get bigger – they inflate – like a balloon. But with shrinkflation things get smaller – but not the physical size of things, it's the quantity of something.

Feifei

I see. So the crisp packet is the same size, but the number of crisps inside has been reduced.

Rob

That's right. Let's hear some examples of other people using the word 'shrinkflation'...

Examples

I paid the same price for this chocolate bar as I always have, but when I unwrapped it, it was smaller – I guess that's shrinkflation!

It appears lots of brands are practising shrinkflation these days, probably to cut costs and maximise their profits.

I don't believe it! There used to be 20 biscuits in the packet, but now shrinkflation means there are only 16!

Feifei

So shrinkflation is where the quantity of something is reduced. Why does this happen Rob?

Rob

Well, it's a marketing trick – it's so a manufacturer does not put up the price of a product, but just reduces the cost of making it by putting less inside – but we think we're getting the same amount.

Feifei

Clever! It's the same these days with chocolate bars, packets of cereals...

Rob

... and BBC Learning English programmes.

Feifei

What?

Rob

Yes, even this programme is affected by shrinkflation – there's less in it – even though our listeners might think they're getting the same amount. Come on it's time to go.

Feifei

Really? This programme seems to go on for longer than ever.

Both

Bye!