Feifei
Hello and welcome to The English We Speak – I’m Feifei …

Rob
And hello, I’m Rob.

Feifei
Hey Rob, have you seen Finn today?

Rob: Yes, I saw him just a few minutes ago… same old Finn.

Feifei
But when I saw him he was very cheerful… smiling and he was singing too!

Rob
Nothing wrong with singing at work.

Feifei
I know… but he just seems…

Rob
Full of the joys of spring?

Feifei
Full of the joys of spring? Erm, I don’t think so – it’s winter Rob – cold and wet.

Rob
No Feifei! The season might be winter but Finn’s behaviour or his mood is cheerful and lively - like springtime – bright, sunny, flowers growing, new animals being born, birds flying around…

Feifei
Hmm that does sound like spring. It’s a nice phrase. It means someone is happy?

Rob
Happy – that’s right. Shall we hear some more examples?
**Examples**

Emily's full of the joys of spring today – her boyfriend has just asked her to marry him!

Raj seems full of the joys of spring today – he must have some good news about his exam results.

I'm full of the joys of spring today – I've just won £1,000 in the lottery – now, what shall I spend it on?

**Feifei**

So if someone is full of the joys of spring they are in a good mood. So Rob, why is Finn in such a good mood?

**Rob**

He's happy because he's going on holiday tomorrow – swapping our cold winter for two weeks in the sun, on the beach in Thailand!

**Feifei**

Lucky Finn! But hold on Rob… there's a strike at the airport tomorrow. All flights are cancelled. Does he know that?

**Rob**

I don't think so. Shall we tell him?

**Feifei**

I don't know. That will make him 'empty of the joys of spring' …

**Rob**

… and full of the misery of winter!

**Feifei**

Is that another idiom?

**Rob**

No, I just made it up. Come on the, I'll go and tell him.

**Feifei**

Bye.

**Rob**

Bye.