

---

# BBC LEARNING ENGLISH

## The English We Speak

### Out of juice

---

**Helen**

Hello welcome to The English We Speak, I'm Helen.

**Neil**

Hello everyone. I am Neil. It's great to be here today, Helen.

**Helen**

You are very cheerful today.

**Neil**

I feel pretty good, I walked from the train station to the office and it seems to have really energised me.

(phone rings)

**Helen**

That's my phone. Hello, hello? Anyone there? Hello?

**Neil**

Oh, it looks like you may be out of juice.

**Helen**

What? I am not drinking any juice, but my phone has just gone dead.

**Neil**

That's what I mean. Your phone isn't working because it's out of juice.

**Helen**

Please explain: what's juice got to do with my phone?

**Neil**

When you've used all the battery power of something like a mobile phone, so that it doesn't work anymore, we can say it's 'out of juice'. It's a slang expression. Have a listen to these examples:

**Examples**

*My laptop's out of juice. This is so frustrating.*

*I am packing three spare phone batteries so I don't run out of juice on my climbing trip.*

**Helen**

I see. Can we use it for anything else apart from batteries?

**Neil**

Sure, sometimes if a person feels low on energy, they could say 'I'm out of juice'. Also if your car is low on petrol, you could say 'The car's running out of juice.'

**Helen**

Thanks for explaining this phrase. Now I'm feeling quite thirsty - a glass of juice would be most welcome.

**Neil**

Let's get some then. Meanwhile, charge your phone, so it's got plenty of juice.

**Helen**

Will do.

**Neil**

See you next time.

**Both**

Bye!