This is not a word-for-word transcript

**LANGUAGE FOCUS:** Learn phrases that describe techniques for studying plus phrases about giving or getting advice.

**Narrator**
Hello. It’s time for English at University - the series that teaches some English phrases to help you through your first year of study abroad. There’s a lot to learn when you start studying for a degree and especially when you’re doing it in another country. Mary’s coping very well and is making the most of every opportunity to get *guidance* or help her with her studies. Today she’s attending Professor Not’s study skills workshop but it sounds like she knows more about studying than he does!

**Prof. Not**
…so let’s just stand around in a circle… hold hands and say mmmmm.

**Daniel**
How exactly is this helping?

**Prof. Not**
Trust you to spoil the karma. It just helps us think…

**Daniel**
Think of what to say, you mean.

**Prof. Not**
Now to study well, you need to be in the right zone.

**Mary**
Zone?

**Prof. Not**
In the right place… in your head. Sharon…

**Sharon**
Yes Robert - I mean, Professor.

**Prof. Not**
Could you hand out the blindfolds?
Mary
And how are they going to help?

Narrator
A good question Mary. I admire Professor Not’s enthusiasm but let me give you a bit of advice – his study skills are a bit ‘alternative’ - different. Have you got any advice to offer?

Mary
Well, I did read a book about good study skills on the plane. But what do I say?

Narrator
Say ‘could I offer some suggestions?’ or ‘from what I understand…’ or maybe, ‘something that works for me is…’ and give them your tips – that way you won’t sound too big-headed – like someone we know!

Daniel
Maybe we could just hold the hand of the person next to us?

Narrator
Go on Mary.

Mary
No Daniel… maybe I could offer some suggestions?

Sharon
Oh yes Mary!

Mary
Well… from what I understand… you must study every day… and choose a regular place and time to do it.

Prof. Not
Yes of course, very good Mary. Anything else?

Mary
Well… what works for me is planning my time and deciding what I want to achieve… and not being afraid to ask for help.

Daniel
Yeah, yeah. I was going to say that – and make sure you take lots of breaks – long ones.

Mary
Short ones – and develop a good learning style – choose a method that helps you learn best.
Prof. Not
Excellent Mary. That's exactly right.

Sharon
Oh, I preferred the blindfold method.

Narrator
Excellent indeed Mary. She's on fire! She spoke up and gave some sage advice without showing off. Here's a reminder of how she started the conversation…

Maybe I could offer some suggestions?
From what I understand…
What works for me is…

And she gave some good advice which the other students – especially Daniel - will no doubt find very useful, such as…

You must study every day
Choose a place and time to do it
Plan your time and decide what you want to achieve
Don't be afraid to ask for help
Choose a learning style that helps you learn best

With that advice you can't go wrong. And now it looks like Mary's study advice has made a real impression on someone…

Tech Student
Wow Mary. I loved what you said in there – really useful – I can see you're a committed student – how about getting together sometime and… comparing study notes?

Mary
Well, errr, ermm…

Daniel
I think she's quite busy at the moment.

Mary
No, I'm not – that would be lovely. Let's meet up in the bar later.

Sharon
Ooooh!