Sam
Welcome, everyone! Sam from BBC Learning English here.

You probably already know that in English we have some verbs that are always followed by the infinitive – for example: want. And other verbs that are always followed by the gerund - for example: enjoy.

But we also have some verbs in English that can be followed by either the infinitive or the gerund and the meaning will change, for example: remember

**Remember to bring your umbrella** - where first you remember and then you bring your umbrella. This is commonly used when talking about the future.

**I remember meeting my best friend when I was little** - where first I met my best friend and then I remembered it. This is now a memory, so it's commonly used when talking about the past.