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# BBC LEARNING ENGLISH

## English In A Minute

### Play, do and go for sports



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*This is not a word-for-word transcript*

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#### Phil

Hi, I'm Phil from BBC Learning English. Today, I'm going to tell you how we use **play**, **do** and **go** with different sports.

So, for team sports or ball games, we use **play**. So, I can say: **I play football. I don't play tennis.**

For more individual activities, we use **do**. So, we can say: **I do exercise. I don't do judo.**

Then, for activities ending in -ING, we often use **go**. So, I can say: **I go running. Or: I don't go swimming.**

Of course, there are some exceptions, but try to remember. **Play** for team sports or ball games. **Do** for individual activities and **go** for activities ending in -ING.