Sam
Welcome to BBC Learning English. I'm Sam, and today we are looking at the difference between every time and all the time.

We use all the time to talk about something that always or usually happens. For example, many people think that: In the UK, it rains all the time. And yes, it does rain a lot.

We use every time when we are talking about each individual time something happens. For example: Every time I go to the beach, it rains. We don't know how often I go to the beach, but each individual time I go, it rains.

There! We hope you learn something every time you watch one of these videos!