



ዘሩባቤል

ሰላም፣ ስለአንድ ጉዳይ ወደምንወያይበትና ስለጉዳዩ ለማውራት የሚያስፈልገውን ቋንቋ ወደምናቀርብበት የEnglish Together ዝግጅት እንኳን በደህና መጡ። ዘሩባቤል እባላለሁ። ኡብሮኝ ፊል አለ።

Phil

Hi, I'm Phil! Hello, have you seen Tom? He's supposed to be recording.

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፣ አላየሁትም። ለወትሮው በዚህ ሰዓት እዚህ ይሆን ነበር።

Tom

Hi guys, sorry I'm so late.

Phil

What's that?!

Tom

What? This? Her? This is my dog Molly, she's my good girl, aren't you Molly, yes, hi, hi.

Phil

You've brought your dog into the studio?!

Tom

Well, today we're talking about being with animals, so I thought it might help us to, you know, get in to the mood a little bit.

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That's right! ዛሬ ከእንስሳት ጋር የሚኖረን ግንኙነት ጤናችን ላይ ስላለው ተፅዕኖ እንነጋገራለን። ከመቀጠላችን በፊት ግን የዛሬ ጥያቄ ይሄው። በቅርቡ the Harris Corporation አሜሪካ ውስጥ ባከናወነው የህዝብ አስተይቶ መጠይቅ፣ የቤት እንስሳቸውን እንደቤተሰብ አባል የሚቆጥሩ ሰዎች መጠን ምን ያህል ይሆናል?

ሀ) 30 በመቶ

ለ) 60 በመቶ

ሐ) 90 በመቶ

Phil

Well, I have a pet fish, but I don't know if I'd say it was family. I do like watching it swim, though.

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የዛሬውን ዜና ያገኘነው ከ BBC Farming Today ነው። ከላማዎች llamas ጋር የእግር ጉዞ ማድረግን እንደ ህክምና ስለሚያቀርብ እንድ የእንግሊዝ ገበሬ የሚያወሳ ነው።

News insert

These camel-like creatures originate from South America, but Jacob, Bramble and Joshua live in Old Bolingbroke. They've undergone two years of training at a local community farm, so they're used to people and traffic. And now, Angie Beal from desired change says they are helping to improve the health and wellbeing of local walkers.

We deal with a lot of people that may have been in hospital; heart attacks, strokes, operations of different sorts, who want to actually now get fit again. Everybody that comes to us has the opportunity to have their own personal programme written for them. So we can walk anything from five minutes to two hours.

Tom

Incredible! It sounds like llamas can actually help us to improve our wellbeing.

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Yes! Wellbeing ደህንነት ማለት ነው። I see how pets can improve our wellbeing, but so can lots of things, like yoga, for example!

Phil

Yes, but I suppose in this case the animals are providing treatment to people who already have problems.

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Treatment means treatment. ህክምና ማለት ነው። Do you think an animal can really provide treatment in the same way as a doctor?

Tom

Well, I don't think that all problems are treatable with animals! Although, did you know there is actually have a name for using animals as a form of treatment? It's called Animal-Assisted Therapy!

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Therapy የመንፈስ ህክምና ማለት ነው። I still think I would prefer traditional therapy.

Phil

I imagine it's like in the news story. People take animals outside for walks, so it encourages them to exercise and get some fresh air.

Tom

Yes, I think the idea is that the animals can help us to get back on our feet again once the danger has passed.

Phil

You mean help us to stand up?

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No, to get back on your feet means to recover! ማገገም ማለት ነው።

Tom

But, in this case, they are doing this by helping people to walk! So I suppose you're both right.

Phil

Also, I think people might find spending time with animals therapeutic as they don't get lonely.

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Hmm... that makes sense. Therapeutic የህክምና ችሎታ ማለት ነው I suppose animals are good company, and company is therapeutic. Perhaps it's better to describe this approach as an 'alternative therapy' እንደ አማራጭ ህክምና

Tom

Speaking of company and animals, why don't you tell us the answer to today's quiz?

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ትክክል ነው! ምን ያህል ሰዎች የቤት እንሳስትን የቤተሰብ አባል እንደሆኑ እንደሚቆጥሩ ጠይቀን ነበር። መልሱ ሐ) ከ95 በመቶ በላይ ነው

Phil

Do you feel the same way about Molly, Tom?

Tom

Molly? Of course! She's like my sister! I think it's impossible to feel stressed with such a beautiful dog around! Isn't it Molly?

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'Stressed' መጨነቅ ማለት ነው But everyone feels stressed out sometimes. I still don't think we should all bring our dogs to work.

Tom

Well, she helps me to de-stress, she doesn't cause any problems. She just sits there like a good girl.

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ወደው! ፊል ያጋጠመው ነገር ምን ያህል ፈውስ therapeutic እንደሚሆነው እርግጠኛ አይደለሁም። ዛሬ ያጠናናቸው ሌሎች ቃላት እነዚህ ናቸው llamas፣ ደህንነት wellbeing ፣ treatment ህክምና therapy የመንፈስ ህክምና ፣ ጫና stress ። አብራችሁን ስለቆያችሁ እናመሰግናለን። በሚቀጥለው ዝግጅታችን ጠብቁን።

