



This is not a word-for-word transcript.

Local presenter

ሃይ: ስለአንድ ጉዳይ ወደምንወያይበትና ስለጉዳዩ ለማውራት የሚያስፈልገውን ቋንቋ ወደምናቀርብበት የEnglish Together ዝግጅት እንኳን በደህና መጡ። ሐና እባላለሁ። አብሮኝ/አብራኝ. አለ/አለች።

Sam

Hello, I'm Sam.

Kee

And I'm Kee. Welcome!

Local presenter

በዚህ ሳምንት ዝግጅታችን ስብዕናችንን መቀየር እንዴት የሚቻል ነገር እንደሆነ እንነጋገራለን። የBBC Radio 4 ዜናን ከመከታተላችን በፊት የዛሬው ጥያቄ ይሄው፡

ምን ያህል የስብዕና ዓይነቶች አሉ?

ሀ) 16

ለ) 25

ሐ) ተቆጥሮ የማያልቅ

መስማትዎን ይቀጥሉና መልሱን በዚሁ ዝግጅታችን ትንሽ ቆየት ብለው ያዳምጡ።

News insert

We all know how hard it is to change, and we tend to assume that once we're adults, there are aspects of our personality that we are pretty much stuck with. But a huge, new reanalysis of more than 200 studies, have found that there is something that can change your personality in just a few weeks. And that something is therapy.

Kee

So I guess the old saying isn't true!

Sam

What saying is that?

Kee

You know, 'a leopard can't change its spots'.

Local presenter

We have that saying in our language, too. ነብር ኸጎርጎርነቱን ሊቀየር አይቻለውም። But it sounds like people *can* change, after all.

Sam

Well that *is* good news! There are some aspects of some people's personality that I wish I could change...

Local presenter

'Aspects of personality' የሱብዕና መገለጫዎች ማለት ነው። Who are you talking about, Sam?

Sam

Oh, no one in particular. You know, just those people who are really negative, think they're always right, aren't open to new ideas... Are there any aspects of your personality you would change, Kee?

Kee

Alright, I get it! I know I can sometimes be difficult to work with...

Local presenter

Only sometimes?

Kee

Look, you're not the first people to ever tell me that I have some personality traits that aren't always fun to be around.

Local presenter

You're always fun to be around, Kee. Your 'personality traits' የሱብዕና ቅንጣቶች are very easy to make fun of, in fact!

Sam

Aw, let's be nice! Kee, you have lots of lovely personality traits. You're very kind, for example. You should definitely never change that aspect of your personality.

Kee

Aw, thanks, Sam. What about you? Are there any characteristics you would change?

Local presenter

Wait one second! 'Characteristics' ባህርያት ናቸው። Yeah, Sam, what would you change?

Sam

Oh, there are lots of characteristics I would change! I know I can be a little naïve at times...people tell me I believe things too easily...trust people too quickly...

Kee

No, no, not all.

Local presenter

No, no, no, of course not.

Kee

But that's not necessarily a negative characteristic.

Sam

It depends, it's not always a good thing! But, my friends think it's funny, so they say it's a good quality.

Local presenter

It's definitely amusing for us, too! 'Quality' መልካም ጎን ማለት ነው።

Kee

I think it's a nice quality of yours. It shows that you think the best of people and you are trusting.

Sam

Aw, thanks, Kee.

Local presenter

See? You are kind!

እስኪ አሁን ጥቂት ቀደም ብሎ ምን ያህል የሰብዕና ዓይነቶች አሉ? ስል ለጠይቅኳችሁ ጥያቄ መልስ እንስጥ። በካርል ዩንግ ንድፈ ኃሳቦች ላይ የተመሰረተው የማየርስ-ብሪግስ መጠቁም እንደሚለው መልሱ (ሀ) 16 ነው።

Kee

Oh, come on! I find it hard to believe that there are only 16 personality types in the whole world...

Sam

Ok, but what about the news story? Do you believe that? Would you go to therapy to change your personality?

Kee

Therapy? You mean, talking to a stranger about my feelings?

Sam

Well, they won't be a stranger forever. Therapy helps a lot of different kinds of people. It might surprise you.

Kee

Maybe, you're right. Maybe I should try it.

Sam

Would you really, Kee? That's terrific!

Kee

Yeah, it might help me with these negative personality traits people keep saying I have.

Sam

Aw, Kee!

Local presenter

ዋው! ኪ ገና ከአሁኑ መቀየር ጀምራለች! እርስዎስ? ከስብዕናዎ መቀየር የሚፈልጉት ነገር አለ? የትኞቹን 'aspects' ይቀይራሉ? የትኞቹን 'qualities' ይዘው ይቀጥላሉ?

የዚህ ሳምንት ዝግጅታችንን ከማጠናቀቃችን በፊት ዛሬ ስናወሳቸው የቆየናቸውም ቃላት እንመልከት- ሁሉም ከስብዕና ጋር የተያያዙ ናቸው። 'Aspect of someone's personality' ሰዎችን አንዳች ዓይነት ባህርይ እንዲኖራቸው የሚያድርጉ የማንነታቸው አካላት ናቸው፤ 'personality trait' የስብዕና ገፅታዎች ሲሆኑ 'characteristic' ደግሞ የአንድ ሰው መለያ የሆነ የባሕርይ መገለጫ ነው። 'quality' የአንድ ሰው የባሕርይ ዓይነት ሆኖ በአብዛኛው አዎንታዊ ነው።

አብረውን ስለቆዩ እናመሰግናለን፤ ለተጨማሪ የ English Together ዝግጅት በሚቀጥለው ሳምንት ይጠብቁን።