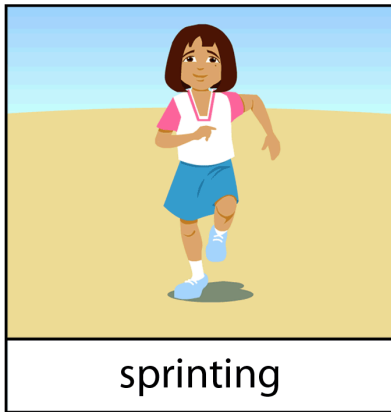
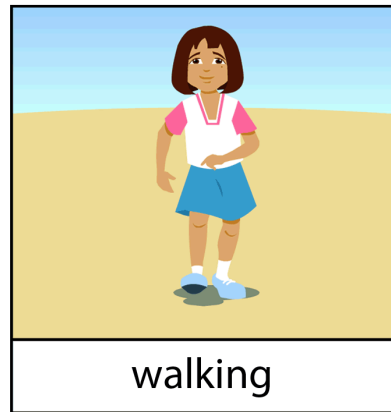


Activity 2: Match the activity to the heart rate

When we exercise we need to get more blood, which contains oxygen, to the muscles so the heart beats faster and the heart rate and the pulse increase.

Draw a line to match the heart beats per minute with the activity.



BEATS PER MIN 67

BEATS PER MIN 78

BEATS PER MIN 98

BEATS PER MIN 120

BEATS PER MIN 140

