BBC WORLD SERVICE
LEARNING ENGLISH

Cooking
Cooking 烹饪

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习。

Celebrity Chefs 明星厨师

The cult of the television chef started in the 1960s when Fanny Craddock presented her BBC programme ‘Adventurous Cooking’. Each week she would teach the viewers a new recipe which they could later make at home.

Since then many more chefs have become household names by teaching the UK how to cook. Their impact on the nation’s eating habits has been highly significant. Almost six out of ten people in Britain claim that TV cooking programmes have changed the way to cook.

There are now so many celebrity chefs on our screens that it is hard to remember who is who. Chefs have different specialities – some are seafood geniuses, others focus on cooking on a budget, one chef, Ken Hom, specialises in Chinese food.

What makes a good TV chef? Obviously, he must have highly-developed culinary skills. However, to capture the public’s attention as a celebrity chef it is necessary to have an engaging personality. Some TV chefs are as well known for their personalities as they are for their cooking.

Gordon Ramsay, for example, is famous for his fiery temper and foul-mouthed outbursts. The UK’s most famous TV chef, Jamie Oliver, is, by contrast, a likeable, happy-go-lucky figure.

Jamie Oliver’s television career took off in 1999 with the BBC series ‘The Naked Chef’. He made two more series with the BBC before being head-hunted by Channel 4.

Jamie Oliver broke the mould for making cooking programmes with his two most recent series. In ‘Jamie’s Kitchen’ he trained fifteen under-privileged teenagers to become chefs in his London restaurant. And in ‘Jamie’s School Dinners’ he set out to improve the quality of food in Britain’s schools by getting rid of junk food in the canteen.
Glossary 词汇表

recipe - 菜谱  household names - 家喻户晓的名字
eating habits - 饮食习惯  celebrity chefs - 明星厨师
on a budget - 节省开支的  culinary skills - 烹饪技巧
engaging personality - 有魅力的性格  fiery temper - 暴脾气
foul-mouthed outbursts - 满口脏话  happy-go-lucky - 乐天派的
head-hunted - 被猎头相中  broke the mould - 打破常规
under-privileged - 贫困阶层的  junk food - 垃圾食品

1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真？哪句是假？请圈出正确答案。

1. Cookery programmes have been broadcast on British television for more than forty years.  True / False

2. More than 60% of British people have been influenced by television chefs.  True / False

3. Gordon Ramsay is famous for his bad moods.  True / False

4. Jamie Oliver worked for Channel 4 before he made programmes for the BBC.  True / False

5. Jamie Oliver has revolutionised cookery programmes.  True / False

6. Jamie Oliver has tried to improve the quality of food served in British schools.  True / False
2. Cooking utensils 炊具

Label the cooking utensils with the correct name. You can choose from the words in the box below.

请给下列炊具标上正确的名称；你可以从方框里的单词中选择。

rolling pin  whisk  microwave oven  frying pan  tin opener  spatula
3. Cooking vocabulary  烹饪词汇

Match the verbs on the left to the definitions on the right.

请将左边一栏的动词与右边一栏中的定义配对。

1. to peel  a. to cook food in oil in a wide pan
2. to slice  b. to cook food at a high temperature inside an oven
3. to boil  c. to remove the skin of a fruit or vegetable with a knife
4. to stir  d. to cut meat or vegetables into thin pieces
5. to fry  e. to move food repeatedly in a circular motion
6. to roast  f. to heat a liquid to 100 degrees

Now complete the following sentences by filling in the gaps with the verbs above.

现在请用以上的动词填空，完成下列句子。

1. You need a sharp knife to ______ a potato.
2. On Sundays in the UK many people ______ a chicken in the oven.
3. It is necessary to ____ an egg in water for three minutes to make it hard.
4. Another way to cook an egg is to _____ it in hot oil.
5. Don’t forget to _____ the soup or it will burn at the bottom.
6. I’m going to _____ the pork into little pieces.
4. Wordsearch 单词搜索

Try to find the words associated with cooking in the puzzle below.

There are ten words to find. Words can be written horizontally (g), vertically (i) or diagonally (m)

请在下面的字谜游戏中，找出与烹饪有关的英语单词来。

共有10个单词，其组成方式可能以水平的(g)，垂直的(i)或对角的(m)形式出现。

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oven peel kitchen recipe ingredients
spatula junkfood chef boil spoon
Answers

1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

1. Cookery programmes have been broadcast on British television for more than forty years. True
2. More than 60% of British people have been influenced by television chefs. False
3. Gordon Ramsay is famous for his bad moods. True
4. Jamie Oliver worked for Channel 4 before he made programmes for the BBC. False
5. Jamie Oliver has revolutionised cookery programmes. True
6. Jamie Oliver has tried to improve the quality of food served in British schools. True

2. Cooking utensils 烹饪器具

- tin opener
- whisk
- rolling pin
- frying pan
- spatula
- microwave oven

3. Cooking vocabulary 烹饪词汇

Match the verbs on the left to the definitions on the right.

1. c
2. d
3. f
4. e
5. a
6. b

Now complete the following sentences by filling in the gaps with the verbs above.

1. You need a sharp knife to peel a potato.
2. On Sundays in the UK many people roast a chicken in the oven.
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4. Another way to cook an egg is to fry it in hot oil.
5. Don’t forget to stir the soup or it will burn at the bottom.
6. I’m going to slice the pork into little pieces.

4. Wordsearch 单词搜索

- i n g r e d i e n t s
- c h e f
- b o t t o m
- j u n k f o o d
- s c i p p e r
- k i t c h e n