



# BBC WORLD SERVICE LEARNING ENGLISH

Health: The Hardest Choice 健康：最难的抉择



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## Health: The Hardest Choice 健康: 最难的抉择

### The Right to Die? 死亡的权利?

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习：

How would you cope if you had a **terminal illness**? What if your son or daughter had no hope of ever having a normal life due to a **life-threatening condition**?

In the UK, the question of **assisted suicide** or **refusing medical treatment** is extremely **divisive** and **controversial**;  **euthanasia** is illegal in Britain, as is the act of helping a terminally-ill person to kill themselves.

However, a 13-year-old girl English girl has won the right to refuse medical treatment this week after a hospital dropped a **legal bid** to force her to have a **heart transplant**.

Hannah Jones, who has spent eight years in and out of hospital battling **leukaemia** and heart problems, told **child protection officers** she wanted to die with **dignity** rather than face the **operation** and have to take constant medication afterwards.

Despite initial efforts by her local **health authority** to remove Hannah from her family and force her to **undergo** the transplant, legal and medical experts said that a child of her age was able to make an informed decision to refuse treatment.

Hannah's decision to stop treatment and spend the rest of her life at home with her family was made entirely by herself, according to her father, who spoke of his **admiration** for her.

"Hannah made that decision consciously on her own, a bit like a **grown up**, even though she was only 12 at the time, and she has **maintained** that decision," said Andrew Jones.

The headmaster of Hannah's school described her as intelligent and capable of making her own decisions.

"Her presence is a **source of inspiration** to us all through the **courage** and dignity that she displays," he said.

## Glossary 词汇表

<b>terminal illness</b> – 晚期疾病	<b>life-threatening condition</b> – 威胁生命的状况
<b>assisted suicide</b> – (被) 协助自杀	<b>refusing medical treatment</b> – 拒绝治疗
<b>divisive</b> – 导致分裂的	<b>controversial</b> – 有争议的
<b>euthanasia</b> – 安乐死	<b>legal bid</b> – 法律命令
<b>heart transplant</b> – 心脏移植	<b>leukaemia</b> - 白血病
<b>child protection officers</b> – 保护儿童官员	<b>dignity</b> – 尊严
<b>operation</b> – 手术	<b>health authority</b> – 医疗
<b>undergo</b> – 接受	<b>admiration</b> – 仰慕
<b>grown up</b> – 成年人	<b>maintained</b> – 保持
<b>source of inspiration</b> – 精神鼓舞的源泉	<b>courage</b> – 勇气

### 1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假? 请圈出正确答案。

1. A terminal illness is one that will kill you sooner or later. **True / False**
2. It is illegal to kill yourself if you are terminally-ill in the UK. **True / False**
3. Doctors wanted to put a new heart in Hannah's body. **True / False**
4. Hannah persuaded the authorities she could make her own decisions.  
**True / False**
5. Hannah's family helped her make the decision. **True / False**

## 2. Idioms 1 1习惯用语

Look at the idioms below. Each one is connected to good health

Match the idiom to its definition.

请看下列习惯用语，它们都与健康有关。

请将习语与各自的定义对应起来。

- |                           |                                     |
|---------------------------|-------------------------------------|
| 1. fit as a fiddle        | a. recovered from illness or injury |
| 2. get back on my feet    | b. a good report from the doctor    |
| 3. the picture of health  | c. in very good physical condition  |
| 4. a clean bill of health | d. very healthy                     |

Now complete the sentences below by using one of the idioms above.

现在请用以上的某个短语动词完成下列句子。

1. "You look much better today. Did you visit the doctor?"  
"Yes, he gave me \_\_\_\_\_ and said I wasn't to worry."
2. My grandfather was as \_\_\_\_\_ and lived to be 93 years old even though he was a smoker and liked a drink.
3. It took me weeks to \_\_\_\_\_ after the car crash.
4. My little niece is \_\_\_\_\_ and hasn't needed to see the doctor for a long time.

### 3. Idioms 2 2习惯用语

Look at the idioms below. Each one is connected to poor health

Match the idiom to its definition.

请看下列习惯用语，它们都与疾病有关。

请将习语与各自的定义对应起来。

- |                          |                                     |
|--------------------------|-------------------------------------|
| 1. under the weather     | a. with a very sore head            |
| 2. at death's door       | b. feeling not very well            |
| 3. a splitting headache  | c. with a sore back                 |
| 4. my back is killing me | d. seriously ill and close to dying |

Now complete the sentences below by using one of the idioms above.

现在请用以上的某个短语动词完成下列句子。

1. The operation was not a success and the patient is now \_\_\_\_\_.
2. Can you turn that music down, please? I've got a \_\_\_\_\_ and that racket is making it worse.
3. I would like a day off work as I'm a little \_\_\_\_\_ at the moment.
4. \_\_\_\_\_. Working at a computer all day is really bad for it.

#### 4. Wordsearch 单词搜索

Try to find the words associated with health in the puzzle below.

There are ten words to find. Words can be written horizontally (→), vertically (↓) or diagonally (↘)

请在下面的字谜游戏中，找出与健康有关的英语单词来。

共有10个单词，其组成方式可能以水平的(→) 垂直的(↓) 或对角的(↘)形式出现。

a	o	p	e	r	a	t	i	o	n	c	r
a	w	e	d	f	g	h	b	n	j	u	k
t	y	s	i	c	k	m	j	u	d	c	d
r	r	e	l	b	n	h	s	z	b	t	i
a	e	r	l	b	d	v	t	s	a	b	s
n	k	h	f	w	o	u	n	d	n	b	e
s	r	i	v	y	c	u	n	r	d	b	a
p	a	n	t	s	t	t	h	n	u	a	s
l	v	j	t	s	o	b	e	m	y	a	e
a	q	u	e	t	r	e	a	t	v	r	w
n	z	r	v	f	t	s	r	r	j	f	s
t	e	y	b	r	t	y	t	b	n	u	x

ill	sick	disease	injury	wound
doctor	treat	heart	operation	transplant

## Answers 答案

### 1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假?请圈出正确答案。

1. A terminal illness is one that will kill you sooner or later. **True**
2. It is illegal to kill yourself if you are terminally-ill in the UK. **True**
3. Doctors wanted to put a new heart in Hannah's body. **True**
4. Hannah persuaded the authorities she could make her own decisions. **True**
5. Hannah's family helped her make the decision. **False**

### 2. Idioms 2 2习惯用语

1. b
2. d
3. a
4. c

Now complete the sentences below by using one of the idioms above.

现在请用以上的某个短语动词完成下列句子。

1. The operation was not a success and the patient is now **at death's door**.
2. Can you turn that music down, please? I've got a **splitting headache** and that racket is making it worse.
3. I would like a day off work as I'm a little **under the weather** at the moment.
4. **My back is killing me**. Working at a computer all day is really bad for it.

### 2. Phrasal Verbs 1 1短语动词

1. c
2. a
3. d
4. b

Now complete the sentences below by using one of the phrasal verbs.

现在请用以上的某个短语动词完成下列句子。

1. "You look much better today. Did you visit the doctor?"  
"Yes, he gave me **a clean bill of health** and said I wasn't to worry."
2. My grandfather was as **fit as a fiddle** and lived to be 93 years old even though he was a smoker and liked a drink.
3. It took me weeks to **get back on my feet** after the car crash.
4. My little niece is **the picture of health** and hasn't needed to see the doctor for a long time.

### 4. Wordsearch 单词搜索

	o	p	e	r	a	t	i	o	n			
t		s	i	c	k							d
r			l									i
a			l		d							s
n				w	o	u	n	d				e
s		i			c							a
p		n			t		h					s
l		j			o		e					e
a		u		t	r	e	a	t				
n		r					r					
t		y					t					