

## This Month's Newsletter Editor

**Louis:** London Ambassador

Hi, my name is Louis. I'm the London representative and this month's editor for the Blast newsletter!



I'm going to begin by telling you a little bit about myself. I'm 14 and three quarters which means I'm at the doorway to HELL! Exams and more exams! One word that to describe me would be expressive. I absolutely relish the world of art whether it's splashing about with paints in the most sensational, rich colours, or maybe belting out a ballad. In my spare time I love dwelling in the world beyond the page of a gripping novel filled with vivid and vibrant personalities and sinister and dark twists that leave me wanting more.

## Youth Panel Meeting in Bristol

We had this year's second BBC Blast youth panel meeting in beautiful sunny Bristol, away from the hustle and bustle of London. It was an early start to a busy day to travel up to Bristol where I was later joined by the other panel members representing young people from across the UK. We played a very fun ice breaker game where we pretended we were art dealers selling some of the very beautiful art work that's uploaded on to the Blast website by Blast users. We had to sway the rest of the panel to buy our chosen piece with the member who convinced the most people to buy their selected work the winner!



We discussed the BBC Trust's decision to support the closure of Blast. Unfortunately we had to come to terms that this will be the last Blast Tour and that the Blast website is to close in early 2011. However, we brainstormed questions about Blast to ensure its' legacy. We were thinking outside the box, of course, thinking of all the amazing stuff that's put on

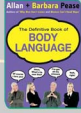
Blast website and how we would like the BBC to continue to provide for young people like us. Pen in hand, we shouted out countless ideas, from expeditions to naturally beautiful countries to super game shows all mixed with loads of creativity!

Later on, it was a trip down to the Blast Tour site at the lively Bristol Harbour Festival where we took part in some tremendous Blast workshops that left us wanting more.



See the Youth Panel's favourite content uploaded to the site by Blast users at: [www.bbc.co.uk/blast/blast\\_youth\\_panel](http://www.bbc.co.uk/blast/blast_youth_panel)

## Book review: The Definitive Book of Body Language by Allan and Barbara Pease



If you've ever had a gut feeling about someone or an intuitive sense about a situation you find yourself in with other people, it's probably because you're unconsciously decoding body language signals. This book explains where those hunches come from.

The definitive book of body language is an eye opening book. It is written in an easily understandable way and takes you through all the basics of body language from handshakes, eye contact, posture, sitting positions etc. I promise you by the time your halfway through the book, you will be so knowledgeable in reading body language and telling what people really think that you will be talking to somebody in a cafe or watching a politician on TV and be thinking to yourself "what a liar"!

It also explains *why* certain gestures are made - which makes them easier to spot and interpret. Also it's written in an interesting, lively tone with helpful drawings, anecdotes and references to primates and primitive man to make it all fit together and be all the more enjoyable. Lots of photos of famous people and interpretations of their body language - I would say extremely interesting!

Fictional or factual, the Blast site has tips for all styles of writing. To find out more follow [bbc.co.uk/blast/writing/](http://bbc.co.uk/blast/writing/)

## Upcoming Tour Dates

With free workshops, taster sessions & showcase opportunities - is the Blast Tour coming to your area this month?

**Ayr**  
26-28 August

**London Thames Festival**  
10 - 12 September

**Perth**  
16-18 September

**Southend**  
23-25 September

**Enniskillen**  
30 September-2 October

For more information or to book a place, go to [bbc.co.uk/blast/events](http://bbc.co.uk/blast/events)

## Games Design - Competition time!

**Now open!**

Blast has teamed up with Doctor Who to challenge you to create new sound effects and spaceship designs for The Sarah Jane Adventures

Winners will have the chance to work alongside industry experts to help design a BBC game for The Sarah Jane Adventures website!

Competition closes 5pm Monday 11 October



For more information or to enter visit [bbc.co.uk/blast/gamecompetition](http://bbc.co.uk/blast/gamecompetition)