The story
Jacinda Ardern has resigned as New Zealand's prime minister.

She announced last week that she didn't have enough energy to continue.

Ardern was the youngest female head of government in the world when she came to power.

She led New Zealand through the Covid pandemic, a terrorist attack and a natural disaster.

Key words and phrases

burnout
exhaustion caused by too much work
- You need to watch out for signs of burnout.
- Burnout is a risk for many professionals

make a bow
make a final appearance
- The president made her bow with an emotional speech
- I’ve been doing this job too long. I think it's time to make my bow.

crammed
fit a lot of things into a small space
- There were five of us crammed into the car.
- Put things away properly! Don't just cram them in.